




Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>Creative</p> <p>Entertainment</p> <p>Excursion</p> <p>Intellectual</p> <p>Physical</p> <p>Social</p>						<p>Play Outside Day</p> <p>9:50 Current Events</p> <p>10:00 Chair Zumba w/ Annette: 2nd Floor</p> <p>1:00 Garden Club in The Lanai</p> <p>1:30 Arts & Crafts: Q-Tip Heart Painting</p> <p>3:00 Chair Zumba & Hydration</p>
<p>Groundhog Day 2</p> <p>9:30 Seated Strength Circuits & Hydration</p> <p>10:00 Current Events & History of Groundhog Day</p> <p>10:15 Friendship Beading</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>2:15 Drum-A-Sizing</p> <p>3:00 Chair Zumba & Hydration</p>	<p>Carrot Cake Day 3</p> <p>9:45 Lamaku Van Ride: Ewa Beach</p> <p>10:00 Seated Strength (A) & Hydration</p> <p>10:30 Hangman & Pictionary</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 BINGO</p> <p>2:15 Fun Film & Popcorn</p> <p>3:30 Word Search Puzzles & Color Therapy</p>	<p>Thank A Mail Carrier Day 4</p> <p>9:30 Seated Strength (B) & Hydration</p> <p>10:00 Current Events</p> <p>10:30 Japanese Sing Along</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 Arts & Crafts: Mail Carrier Thank You Card Making</p> <p>2:30 Chair Zumba & Hydration</p> <p>3:00 BINGO</p>	<p>Nutella Day 5</p> <p>9:45 Current Events</p> <p>10:00 Plaza Sing Along: 2nd Floor</p> <p>1:00 Garden Club in The Lani</p> <p>1:30 BINGO</p> <p>2:15 Drum-A-Sizing</p> <p>3:00 Fun Film w/ Nutella & Pretzels</p>	<p>Chopsticks Day 6</p> <p>9:50 Current Events & Wackiest Things made w/ Chopsticks</p> <p>10:00 Soul Sounds w/ Wally Brown: 2nd Floor</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 BINGO</p> <p>2:30 Chair Zumba & Hydration</p> <p>3:15 Watercolors & Oldie Tunes</p>	<p>Wear Red Day 7</p> <p>9:30 Seated Strength (A) & Hydration</p> <p>10:00 Current Events</p> <p>10:30 Hangman & Pictionary</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 BINGO</p> <p>2:00 Fun Film</p> <p>3:15 Word Search Puzzles & Color Therapy</p>	<p>Kite Flying Day 8</p> <p>9:30 Seated Strength (B) & Hydration</p> <p>10:00 Current Events & Who Invented the Kite?</p> <p>10:30 Balloon Hockey</p> <p>1:00 Garden Club in The Lanai</p> <p>1:30 Arts & Crafts: Love Bug Headband Making</p> <p>3:00 Chair Zumba & Hydration</p>	
<p>Super Bowl Sunday 9</p> <p>9:30 Seated Strength Circuits & Hydration</p> <p>10:00 Current Events</p> <p>10:15 Friendship Beading</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 Super Bowl Party & Game</p> <p>3:00 Chair Zumba & Hydration</p>	<p>Safe Internet Day 10</p> <p>9:45 Lamaku Van Ride: Mokuleia</p> <p>10:00 Seated Strength (A) & Hydration</p> <p>10:30 Hangman & Pictionary</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 BINGO</p> <p>2:15 Drum-A-Sizing</p> <p>3:30 Word Search Puzzles & Color Therapy</p>	<p>Make A Friend Day 11</p> <p>9:30 Seated Strength (B) & Hydration</p> <p>10:00 Current Events & Best Way to Make Friends</p> <p>10:30 Japanese Sing Along</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 Arts & Crafts: Pom Pom Heart Wreath Making</p> <p>2:30 Chair Zumba & Hydration</p> <p>3:00 BINGO</p>	<p>Plum Pudding Day 12</p> <p>9:45 Current Events & What is Plum Pudding?</p> <p>10:00 Plaza Sing Along: 2nd Floor</p> <p>1:00 Garden Club in The Lani</p> <p>1:30 BINGO</p> <p>2:15 Drum-A-Sizing</p> <p>3:00 Fun Film & Popcorn</p>	<p>Giving Hearts Day 13</p> <p>9:50 Current Events</p> <p>10:00 Musical Performance by The Mellow Friends: 2nd Floor</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 Trivia of Hawaii</p> <p>2:00 Local Jamz w/ Dean Hirata: 2nd Floor</p> <p>3:15 Watercolors & Oldie Tunes</p>	<p>Valentine's Day 14</p> <p>9:50 Current Events</p> <p>10:00 Valentine Performance by The Olalao Jammers: 2nd Floor</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 Valentine Visit w/ The Little Lights Day Group</p> <p>2:30 Drum-A-Sizing</p> <p>3:15 Word Search Puzzles & Color Therapy</p>	<p>Gumdrop Day 15</p> <p>9:30 Seated Strength (B) & Hydration</p> <p>10:00 Current Events & Wackiest Things Made w/ Gumdrops</p> <p>10:30 Balloon Hockey</p> <p>1:00 Garden Club in The Lanai</p> <p>1:30 Arts & Crafts: Paper Plate Polar Bear Making</p> <p>3:00 Chair Zumba & Hydration</p>	
<p>Do A Grouch A Favor Day 16</p> <p>9:30 Seated Strength Circuits & Hydration</p> <p>10:00 Current Events</p> <p>10:15 Friendship Beading</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 Fun Film & Popcorn</p> <p>3:00 Chair Zumba & Hydration</p>	<p>Presidents Day 17</p> <p>9:45 Lamaku Van Ride: Pearl City / Waimalu</p> <p>10:00 Performance by Team of Angels: 2nd Floor</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 BINGO</p> <p>2:15 Drum-A-Sizing</p> <p>3:30 Word Search Puzzles & Color Therapy</p>	<p>Drink Wine Day 18</p> <p>9:30 Seated Strength (B) & Hydration</p> <p>10:00 Current Events & Best Wines Around The World</p> <p>10:30 Japanese Sing Along</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 Arts & Crafts: Wacky Paper Snail Making</p> <p>2:30 Chair Zumba & Hydration</p> <p>3:00 BINGO</p>	<p>Chocolate Mint Day 19</p> <p>9:45 Current Events</p> <p>10:00 Plaza Sing Along: 2nd Floor</p> <p>1:00 Garden Club in The Lani</p> <p>1:30 BINGO</p> <p>2:15 Drum-A-Sizing</p> <p>3:00 Fun Film w/ Popcorn & Chocolate Mint Patties</p>	<p>Love Your Pet Day 20</p> <p>9:50 Current Events & 10 Ways to Love Your Pet</p> <p>10:00 Hawaiian Music w/ Kupuna Mele: 2nd Floor</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 BINGO</p> <p>2:30 Chair Zumba & Hydration</p> <p>3:15 Watercolors & Oldie Tunes</p>	<p>Caregivers Day 21</p> <p>9:30 Seated Strength (A) & Hydration</p> <p>10:00 Current Events</p> <p>10:30 Hangman & Pictionary</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 BINGO</p> <p>2:30 Drum-A-Sizing</p> <p>3:15 Word Search Puzzles & Color Therapy</p>	<p>Margarita Day 22</p> <p>9:30 Seated Strength (B) & Hydration</p> <p>10:00 Current Events & Fun Facts About Margaritas</p> <p>10:30 Balloon Hockey</p> <p>1:00 Garden Club in The Lanai</p> <p>2:00 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor</p> <p>3:00 Chair Zumba & Hydration</p>	
<p>Dog Biscuit Day 23</p> <p>9:30 Seated Strength Circuits & Hydration</p> <p>10:00 Current Events</p> <p>10:15 Friendship Beading</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 Fun Film & Popcorn</p> <p>3:00 Chair Zumba & Hydration</p>	<p>Tortilla Chip Day 24</p> <p>9:45 Lamaku Van Ride: Ala Moana Beach Park</p> <p>10:00 Seated Strength (A) & Hydration</p> <p>10:30 Hangman & Pictionary</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 BINGO</p> <p>2:15 Drum-A-Sizing</p> <p>3:30 Word Search Puzzles & Color Therapy</p>	<p>Chocolate Covered Day 25</p> <p>9:30 Seated Strength (B) & Hydration</p> <p>10:00 Current Events</p> <p>10:30 Japanese Sing Along</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 Arts & Crafts: Silly Balloon Elephant Making w/ Chocolate Pretzels</p> <p>2:30 Chair Zumba & Hydration</p> <p>3:00 BINGO</p>	<p>Set A Good Example Day 26</p> <p>9:45 Current Events & 5 Ways to Be a Good Example</p> <p>10:00 Plaza Sing Along: 2nd Floor</p> <p>1:00 Garden Club in The Lani</p> <p>1:30 BINGO</p> <p>2:15 Drum-A-Sizing</p> <p>3:00 Fun Film & Popcorn</p>	<p>Retro Day 27</p> <p>9:50 Current Events & Funniest Retro Fashion</p> <p>10:00 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 Trivia</p> <p>2:00 Local Jamz w/ Dean Hirata: 2nd Floor</p> <p>3:15 Watercolors & Oldie Tunes</p>	<p>Floral Design Day 28</p> <p>9:30 Seated Strength (A) & Hydration</p> <p>10:00 Current Events & Best Floral Gardens Around The World</p> <p>10:30 Hangman & Pictionary</p> <p>1:00 Lanai Time & Hawaiian Tunes</p> <p>1:30 BINGO</p> <p>2:30 Drum-A-Sizing</p> <p>3:15 Word Search Puzzles & Color Therapy</p>		