

January 2025 5th Floor Calendar



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



Please meet in the lobby 15 minutes prior to all van departures. Schedule subject to change with or without notice.

- Creative
- Entertainment
- Excursion
- Intellectual
- Physical
- Social
- Spiritual

New Year's Day 1
 9:45 Errand Run - Unsupervised: Mililani Town Center
 10:00 Plaza Sing Along: 2nd Floor
 11:30 Ageless Fitness & Hydration
 1:30 Movies & Popcorn: 4th Floor
 1:45 5th Flr. Van Ride: Kapolei
 3:00 Drum-A-Sizing: 4th Floor

Cream Puff Day 2
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Resistance Training (A) & Hydration
 1:30 Hot Chocolate & Brain Games at The Bistro
 2:30 Chair Zumba & Hydration: 4th Floor
 4:15 BINGO

Drinking Straw Day 3
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Resistance Training (B) & Hydration
 1:30 Independent Puzzle Packs
 2:00 Blackjack
 3:00 Hangman & Pictionary
 4:15 BINGO

Trivia Day 4
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Ageless Fitness & Hydration
 1:15 Spot It! & Bananagrams: 4th Floor
 1:30 Arts & Crafts: Newspaper Koala Making - 4th Floor
 2:30 Chair Zumba & Hydration: 4th Floor
 3:00 BINGO: 4th Floor

Bird Day 5
 9:30 Televised Sunday Sermons
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Ageless Fitness & Hydration
 1:30 Fun Film: 4th Floor
 3:00 BINGO: 4th Floor
 3:30 Chair Zumba & Hydration: 4th Floor

Technology Day 6
 10:00 Chair Zumba w/ Annette: 2nd Floor
 11:30 Resistance Training (A) & Hydration
 1:30 Black Jack
 2:30 Chair Zumba & Hydration
 3:00 BINGO: 4th Floor
 4:00 Independent Puzzle Packs

Bobblehead Day 7
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Resistance Training (B) & Hydration
 2:30 Chair Zumba & Hydration: 4th Floor
 3:00 Black Jack
 4:15 BINGO

Bubble Bath Day 8
 9:45 Errand Run - Unsupervised: Mililani Town Center
 10:00 Plaza Sing Along: 2nd Floor
 11:30 Ageless Fitness & Hydration
 1:30 Movies & Popcorn: 4th Floor
 1:45 5th Flr. Van Ride: Haleiwa
 3:00 Drum-A-Sizing: 4th Floor

Law Enforcement Day 9
 10:00 Mass w/ Father Anthony: 5th Floor
 10:00 Musical Performance by The Mellow Friends: 2nd Floor
 11:30 Resistance Training (A) & Hydration
 1:30 Hot Chocolate & Brain Games at The Bistro
 2:30 Chair Zumba & Hydration: 4th Floor
 4:15 BINGO

Houseplant Appreciation Day 10
 10:00 Lanai Time & Hawaiian Tunes
 10:00 Men's Club
 11:30 Resistance Training (B) & Hydration
 1:30 Independent Puzzle Packs
 2:00 Blackjack
 3:00 Hangman & Pictionary
 4:15 BINGO

Arkansas Day 11
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Ageless Fitness & Hydration
 1:15 Spot It! & Bananagrams: 4th Floor
 1:30 Arts & Crafts: Popsicle Stick Cactus Making - 4th Floor
 2:30 Chair Zumba & Hydration: 4th Floor
 3:00 BINGO: 4th Floor

Marzipan Day 12
 9:30 Televised Sunday Sermons
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Ageless Fitness & Hydration
 1:30 Fun Film: 4th Floor
 3:00 BINGO: 4th Floor
 3:30 Chair Zumba & Hydration: 4th Floor

Sticker Day 13
 10:00 Dice BINGO: 4th Floor
 10:30 Game Show Hour: The Price is Right: 4th Floor
 11:30 Resistance Training (A) & Hydration
 1:30 Black Jack
 2:30 Chair Zumba & Hydration
 3:00 BINGO: 4th Floor
 4:00 Independent Puzzle Packs

Dress Up Your Pet Day 14
 10:00 Resident Council Meeting
 11:30 Resistance Training (B) & Hydration
 2:30 Chair Zumba & Hydration: 4th Floor
 3:00 Black Jack
 4:15 BINGO

Strawberry Ice Cream Day 15
 9:45 Errand Run - Unsupervised: Don Quiote at Pearl City
 10:00 Soul Sounds w/ Wally Brown: 2nd Floor
 11:30 Ageless Fitness & Hydration
 1:45 5th Flr. Van Ride: Koolina
 2:00 Piano & Vocals by Roy Hamada: 2nd Floor
 3:00 Drum-A-Sizing: 4th Floor

Religious Freedom Day 16
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Resistance Training (A) & Hydration
 1:30 Hot Chocolate & Brain Games at The Bistro
 2:30 Chair Zumba & Hydration: 4th Floor
 4:15 BINGO

Popeye The Sailor Man Day 17
 10:00 Local Jamz w/ Dean Hirata: 2nd Floor
 11:30 Resistance Training (B) & Hydration
 1:30 Independent Puzzle Packs
 2:00 Blackjack
 3:00 Hangman & Pictionary
 4:15 BINGO

Winnie The Pooh Day 18
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Ageless Fitness & Hydration
 1:15 Spot It! & Bananagrams: 4th Floor
 1:30 Arts & Crafts: Toilet Paper Roll Butterfly Making - 4th Floor
 2:30 Chair Zumba & Hydration: 4th Floor
 3:00 BINGO: 4th Floor

Popcorn Day 19
 9:30 Televised Sunday Sermons
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Ageless Fitness & Hydration
 1:30 Fun Film: 4th Floor
 3:00 BINGO: 4th Floor
 3:30 Chair Zumba & Hydration: 4th Floor

Martin Luther King, Jr. Day 20
 11:00 Lion Dance Blessing w/ Gee Young Dance Group: Lobby
 1:30 Black Jack
 2:30 Chair Zumba & Hydration
 3:00 BINGO: 4th Floor
 4:00 Independent Puzzle Packs

Give a Hug Day 21
 10:00 Performance by Team of Angels: 2nd Floor
 11:30 Resistance Training (B) & Hydration
 2:30 Chair Zumba & Hydration: 4th Floor
 3:00 Black Jack
 4:15 BINGO

Celebrate Life Day 22
 9:45 Errand Run - Unsupervised: Mililani Town Center
 10:00 Hawaiian Music w/ Kupuna Mele: 2nd Floor
 11:30 Ageless Fitness & Hydration
 1:30 Movies & Popcorn: 4th Floor
 1:45 5th Flr. Van Ride: Waipahu / Kunia
 3:00 Drum-A-Sizing: 4th Floor

Pie Day 23
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Resistance Training (A) & Hydration
 1:30 Hot Chocolate & Brain Games at The Bistro
 2:30 Chair Zumba & Hydration: 4th Floor
 4:15 BINGO

Big Wig Day 24
 10:00 Bible Stories w/ Ms. Maureen
 10:00 Men's Club
 11:30 Resistance Training (B) & Hydration
 1:30 Independent Puzzle Packs
 2:00 Blackjack
 3:00 Hangman & Pictionary
 4:15 BINGO

Irish Coffee Day 25
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Ageless Fitness & Hydration
 1:15 Spot It! & Bananagrams: 4th Floor
 2:00 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor
 3:00 BINGO: 4th Floor

Peanut Brittle Day 26
 9:30 Televised Sunday Sermons
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Ageless Fitness & Hydration
 1:30 Fun Film: 4th Floor
 3:00 BINGO: 4th Floor
 3:30 Chair Zumba & Hydration: 4th Floor

Vietnam Day 27
 10:00 Dice BINGO: 4th Floor
 10:30 Game Show Hour: The Price is Right: 4th Floor
 11:30 Resistance Training (A) & Hydration
 1:30 Black Jack
 2:30 Chair Zumba & Hydration
 3:00 BINGO: 4th Floor
 4:00 Independent Puzzle Packs

Kazoo Day 28
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Resistance Training (B) & Hydration
 2:30 Chair Zumba & Hydration: 4th Floor
 3:00 Black Jack
 4:15 BINGO

Puzzle Day 29
 9:45 5th Flr. Van Ride: Kaka'ako
 10:00 Plaza Sing Along: 2nd Floor
 11:30 Ageless Fitness & Hydration
 1:30 Movies & Popcorn: 4th Floor
 1:45 Errand Run - Unsupervised: Mililani Town Center
 3:00 Drum-A-Sizing: 4th Floor

Croissant Day 30
 10:00 Lanai Time & Hawaiian Tunes
 11:30 Resistance Training (A) & Hydration
 1:30 Hot Chocolate & Brain Games at The Bistro
 2:00 Plaza Buck Shopping: 5th Flr.
 4:15 BINGO

Inspired Art Day 31
 10:00 Local Jamz w/ Dean Hirata: 2nd Floor
 11:30 Kau Kau Club: Residents Choice
 11:30 Resistance Training (B) & Hydration
 1:30 Independent Puzzle Packs
 2:00 Blackjack
 3:00 Hangman & Pictionary
 4:15 BINGO

Alternative Activity Options

In support of fostering your independency, we encourage all to participate in activities on the 2nd or 4th Floors. Please see any Plaza Team Member for details.