


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p><b>Creative</b> <b>Entertainment</b> <b>Excursion</b> <b>Intellectual</b> <b>Physical</b> <b>Social</b></p>			<p><b>New Year's Day 1</b></p> <p>9:45 ⚡ Current Events 10:00 🎵 <b>Plaza Sing Along: 2nd Floor</b></p> <p>1:00 ↔ <b>Garden Club in The Lanai</b> 1:30 🎵 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:00 🎥 Fun Film &amp; Popcorn</p>	<p><b>Cream Puff Day 2</b></p> <p>9:30 ↔ Seated Strength Circuit &amp; Hydration 10:00 ⚡ Current Events 10:30 🎵 Beading &amp; Origami Making 1:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🎵 BINGO 2:30 ↔ Chair Zumba &amp; Hydration 3:15 🎨 Watercolors &amp; Oldie Tunes</p>	<p><b>Drinking Straw Day 3</b></p> <p>9:30 ↔ Seated Strength (A) &amp; Hydration 10:00 ⚡ <b>Current Events &amp; Wackiest Things Made w/ Straws</b> 10:30 ⚡ Hangman &amp; Pictionary 1:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🎵 BINGO 2:30 ↔ <b>Drum-A-Sizing</b> 3:15 🎵 Word Search Puzzles &amp; Color Therapy</p>	<p><b>Trivia Day 4</b></p> <p>9:30 🎵 Seated Strength (B) &amp; Hydration 10:00 ⚡ <b>Current Events &amp; Hawaii Trivia</b> 10:30 🎵 Balloon Hockey 1:00 ↔ <b>Garden Club in The Lanai</b> 1:30 🎵 <b>Arts &amp; Crafts: Newspaper Koala Making</b> 3:00 ↔ Chair Zumba &amp; Hydration</p>	
	<p><b>Bird Day 5</b></p> <p>9:30 ↔ Seated Strength Circuits &amp; Hydration 10:00 🎵 <b>Current Events &amp; Fun Facts About Birds</b> 10:15 ⚡ Friendship Beading 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎥 Fun Film &amp; Popcorn 3:00 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Technology Day 6</b></p> <p>9:45 🚗 <b>Lamaku Van Ride: Haleiwa</b> 10:00 ↔ <b>Chair Zumba w/ Annette: 2nd Floor</b> 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎵 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:30 🎵 Word Search Puzzles &amp; Color Therapy</p>	<p><b>Bobblehead Day 7</b></p> <p>9:30 ↔ Seated Strength (B) &amp; Hydration 10:00 🎵 <b>Current Events &amp; Funniest Bobblehead Photos</b> 10:30 🎵 Japanese Sing Along 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎨 <b>Arts &amp; Crafts: Curled Paper Flower Making</b> 2:30 ↔ Chair Zumba &amp; Hydration 3:00 🎵 BINGO</p>	<p><b>Bubble Bath Day 8</b></p> <p>9:45 ⚡ Current Events 10:00 🎵 <b>Plaza Sing Along: 2nd Floor</b> 1:00 ↔ <b>Garden Club in The Lanai</b> 1:30 🎵 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:00 🎥 Fun Film &amp; Popcorn</p>	<p><b>Law Enforcement Day 9</b></p> <p>9:50 ↔ <b>Current Events &amp; History of The Honolulu Police Dept.</b> 10:00 🎵 <b>Musical Performance by The Mellow Friends: 2nd Floor</b> 1:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🎵 BINGO 2:30 ↔ Chair Zumba &amp; Hydration 3:15 🎨 Watercolors &amp; Oldie Tunes</p>	<p><b>Houseplant Appreciation Day 10</b></p> <p>9:30 ↔ Seated Strength (A) &amp; Hydration 10:00 ⚡ <b>Current Events &amp; Top 10 Houseplant Ideas</b> 10:30 ⚡ Hangman &amp; Pictionary 1:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🎵 BINGO 2:30 ↔ <b>Drum-A-Sizing</b> 3:15 🎵 Word Search Puzzles &amp; Color Therapy</p>	<p><b>Arkansas Day 11</b></p> <p>9:30 🎵 Seated Strength (B) &amp; Hydration 10:00 ⚡ <b>Current Events &amp; Fun Facts About Arkansas</b> 10:30 🎵 Balloon Hockey 1:00 ↔ <b>Garden Club in The Lanai</b> 1:30 🎵 <b>Arts &amp; Crafts: Popsicle Stick Cactus Making</b> 3:00 ↔ Chair Zumba &amp; Hydration</p>
	<p><b>Marzipan Day 12</b></p> <p>9:30 ↔ Seated Strength Circuits &amp; Hydration 10:00 🎵 <b>Current Events &amp; What is Marzipan?</b> 10:15 ⚡ Friendship Beading 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎥 Fun Film &amp; Popcorn 3:00 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Sticker Day 13</b></p> <p>9:45 🚗 <b>Lamaku Van Ride: Kōʻolina</b> 10:00 ↔ Seated Strength (A) &amp; Hydration 10:30 🎨 Hangman &amp; Pictionary 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎵 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:30 🎵 Word Search Puzzles &amp; Color Therapy</p>	<p><b>Dress Up Your Pet Day 14</b></p> <p>9:30 ↔ Seated Strength (B) &amp; Hydration 10:00 ↔ Current Events 10:30 🎵 Japanese Sing Along 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎨 <b>Arts &amp; Crafts: Paper Plate Puppy Making</b> 2:30 ↔ Chair Zumba &amp; Hydration 3:00 🎵 BINGO</p>	<p><b>Strawberry Ice Cream Day 15</b></p> <p>9:50 ⚡ Current Events 10:00 🎵 <b>Soul Sounds w/ Wally Brown: 2nd Floor</b> 1:00 ↔ <b>Garden Club in The Lanai</b> 1:30 🎵 BINGO 2:00 🎵 <b>Piano &amp; Vocals by Roy Hamada: 2nd Floor</b> 3:00 🎥 Fun Film &amp; Popcorn</p>	<p><b>Religious Freedom Day 16</b></p> <p>9:30 ↔ Seated Strength Circuit &amp; Hydration 10:00 ⚡ <b>Current Events &amp; History of Religious Freedom</b> 10:30 🎵 Beading &amp; Origami Making 1:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🎵 BINGO 2:30 ↔ Chair Zumba &amp; Hydration 3:15 🎨 Watercolors &amp; Oldie Tunes</p>	<p><b>Popeye The Sailor Man Day 17</b></p> <p>9:50 ⚡ <b>Current Events &amp; Fun Facts About Popeye the Sailorman</b> 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 1:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🎵 BINGO 2:30 ↔ <b>Drum-A-Sizing</b> 3:15 🎵 Word Search Puzzles &amp; Color Therapy</p>	<p><b>Winnie The Pooh Day 18</b></p> <p>9:30 🎵 Seated Strength (B) &amp; Hydration 10:00 ⚡ <b>Current Events &amp; Best Clips of Winnie The Pooh</b> 10:30 🎵 Balloon Hockey 1:00 ↔ <b>Garden Club in The Lanai</b> 1:30 🎵 <b>Arts &amp; Crafts: Toilet Paper Roll Butterfly Making</b> 3:00 ↔ Chair Zumba &amp; Hydration</p>
	<p><b>Popcorn Day 19</b></p> <p>9:30 ↔ Seated Strength Circuits &amp; Hydration 10:00 🎵 <b>Current Events w/ Kettle Popcorn</b> 10:15 ⚡ Friendship Beading 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎥 Fun Film &amp; Popcorn 3:00 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Martin Luther King, Jr. Day 20</b></p> <p>9:45 🚗 <b>Lamaku Van Ride: Waipahu / Kunia</b> 10:00 ↔ Seated Strength (A) &amp; Hydration 11:00 🎵 <b>Lion Dance Blessing w/ Gee Young Dance Group: Lobby</b> 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎵 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:30 🎵 Word Search Puzzles &amp; Color Therapy</p>	<p><b>Give a Hug Day 21</b></p> <p>9:50 🎵 <b>Current Events &amp; Reasons to Give a Hug</b> 10:00 🎵 <b>Performance by Team of Angels: 2nd Floor</b> 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎨 <b>Arts &amp; Crafts: Brown Bag Bearhug Making</b> 2:30 ↔ Chair Zumba &amp; Hydration 3:00 🎵 BINGO</p>	<p><b>Celebrate Life Day 22</b></p> <p>9:45 ⚡ <b>Current Events &amp; Best Ways to Celebrate Life</b> 10:00 🎵 <b>Hawaiian Music w/ Kupuna Mele: 2nd Floor</b> 1:00 ↔ <b>Garden Club in The Lanai</b> 1:30 🎵 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:00 🎥 Fun Film &amp; Popcorn</p>	<p><b>Pie Day 23</b></p> <p>9:30 ↔ Seated Strength Circuit &amp; Hydration 10:00 ⚡ <b>Current Events &amp; Best Pie Places in Hawaii</b> 10:30 🎵 Beading &amp; Origami Making 1:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🎵 BINGO 2:30 ↔ Chair Zumba &amp; Hydration 3:15 🎨 Watercolors &amp; Oldie Tunes</p>	<p><b>Big Wig Day 24</b></p> <p>9:30 ↔ Seated Strength (A) &amp; Hydration 10:00 ⚡ Current Events 10:30 ⚡ Hangman &amp; Pictionary 1:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🎵 BINGO 2:30 ↔ <b>Drum-A-Sizing</b> 3:15 🎵 Word Search Puzzles &amp; Color Therapy</p>	<p><b>Irish Coffee Day 25</b></p> <p>9:30 🎵 Seated Strength (B) &amp; Hydration 10:00 ⚡ <b>Current Events &amp; What is Irish Coffee?</b> 10:30 🎵 Balloon Hockey 1:00 ↔ <b>Garden Club in The Lanai</b> 2:00 🎵 <b>Musical Performance by The Wahiawa SDA Church Group: 2nd Floor</b> 3:00 ↔ Chair Zumba &amp; Hydration</p>
	<p><b>Peanut Brittle Day 26</b></p> <p>9:30 ↔ Seated Strength Circuits &amp; Hydration 10:00 🎵 Current Events 10:15 ⚡ Friendship Beading 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎥 Fun Film &amp; Popcorn 3:00 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Vietnam Day 27</b></p> <p>9:45 🚗 <b>Lamaku Van Ride: Kaka'ako</b> 10:00 ↔ Seated Strength (A) &amp; Hydration 10:30 🎨 Hangman &amp; Pictionary 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎵 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:30 🎵 Word Search Puzzles &amp; Color Therapy</p>	<p><b>Kazoo Day 28</b></p> <p>9:30 ↔ Seated Strength (B) &amp; Hydration 10:00 🎵 <b>Current Events &amp; What Is a Kazoo?</b> 10:15 🎵 <b>Plaza Buck Shopping</b> 1:00 🎵 Lanai Time &amp; Hawaiian Tunes 1:30 🎨 <b>Arts &amp; Crafts: Dream Catcher Making</b> 2:30 ↔ Chair Zumba &amp; Hydration 3:00 🎵 BINGO</p>	<p><b>Puzzle Day 29</b></p> <p>9:45 ⚡ <b>Current Events &amp; Wackiest Puzzles in The World</b> 10:00 🎵 <b>Plaza Sing Along: 2nd Floor</b> 1:00 ↔ <b>Garden Club in The Lanai</b> 1:30 🎵 BINGO 2:15 ↔ <b>Drum-A-Sizing</b> 3:00 🎥 Fun Film &amp; Popcorn</p>	<p><b>Croissant Day 30</b></p> <p>9:30 ↔ Seated Strength Circuit &amp; Hydration 10:00 ⚡ <b>Current Events &amp; History of The Croissant</b> 10:30 🎵 Beading &amp; Origami Making 1:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🎵 BINGO 2:30 ↔ Chair Zumba &amp; Hydration 3:15 🎨 Watercolors &amp; Oldie Tunes</p>	<p><b>Inspired Art Day 31</b></p> <p>9:50 ⚡ <b>Current Events &amp; Inspiring Artists from Hawaii</b> 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 1:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:30 🎵 BINGO 2:30 ↔ <b>Drum-A-Sizing</b> 3:15 🎵 Word Search Puzzles &amp; Color Therapy</p>	