

-amaku Calendar						will agong
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Pencil Day 2:30 Seated Strength Circuits & Hydration 2:00 Current Events & Who Invented the Pencil 2:15 Friendship Beading 3:00 Lanai Time & Hawaiian Tunes 3:30 Fun Film & Popcorn 3:00 Ageless Fitness & Hydration	9:45	THE PLAZA — at Mililani —	© Creative			Pig Day 9:30 ★ Seated Strength (B) & Hydration 10:00 ★ Current Events & Fun Facts Aberigs 10:30 ♣ Balloon Hockey 1:00 ← Garden Club in The Lanai 1:30 ♣ Arts & Crafts: Q-Tip Lilac Paint 3:00 ← Ageless Fitness & Hydration
Banana Cream Pie Day 2:50 ★ Current Events :00 ← Chair Zumba w/ Annette: 2nd Floor :00 ♣ Lanai Time & Hawaiian Tunes :30 ► Fun Film & Popcorn :00 ← Ageless Fitness & Hydration	Hinamatsuri Day 9:45	Fat Tuesday 9:30 ★ Seated Strength (B) & Hydration 10:00 ★ Current Events & Fun Facts About Fat Tuesday 10:30 ★ Japanese Sing Along 1:00 ★ Lanai Time & Hawaiian Tunes 1:30 ★ BINGO 2:30 ← Ageless Fitness & Hydration 3:00 ★ BINGO	Pancake Day 9:45 Current Events & Hawaii's Best Places for Pancakes 10:00 Plaza Sing Along: 2nd Floor 1:00 Garden Club in The Lani 1:30 BINGO 2:15 Drum-A-Sizing 3:00 Fun Film & Popcorn	Oreo Cookie Day 9:30 Seated Strength Circuit & Hydration 10:00 Current Events 10:30 Beading & Oreo Cookies 1:00 Lanai Time & Hawaiian Tunes 1:30 BINGO 2:30 Ageless Fitness & Hydration 3:15 Watercolors & Oldie Tunes	9:50 Current Events 10:00 Hawaiian Music w/ Kupuna Mele: 2nd Floor 10:00 Men's Club: 5th Floor 1:00 Lanai Time & Hawaiian Tunes 1:30 Fun Film 3:15 Word Search Puzzles & Color Therapy	Oregon Day 9:50 Current Events & Fun Facts About Oregon 10:00 Piano Performance by Nicolas Sugg 1:00 Garden Club in The Lanai 1:30 Arts & Crafts: Paper Plate Jell Fish Making 3:00 Ageless Fitness & Hydration
Get Over It Day :30 Seated Strength	Napping Day 9:45	Johnny Appleseed Day 9:30 ≯ Seated Strength (B) & Hydration 10:00 ≯ Visit from Hawaii Baptist Academy Pre-school 10:30 ≯ Japanese Sing Along 1:00 ≯ Lanai Time & Hawaiian Tunes 1:30 ★ Arts & Crafts: Tissue Paper Ballerina Making 2:30 → Ageless Fitness & Hydration 3:00 ≯ BINGO	Plant A Flower Day 9:45 Current Events & Tips on Growing Plants 10:00 Plaza Sing Along: 2nd Floor 1:00 Garden Club in The Lani 1:30 BINGO 2:15 Drum-A-Sizing 3:00 Fun Film & Popcorn	Jewel Day 9:50 ❖ Current Events 10:00 ➤ Mass w/ Father Anthony: 5th Floor 10:00 ♪ Musical Performance by The Mellow Friends: 2nd Floor 1:00 ➤ Lanai Time & Hawaiian Tunes 1:30 ➤ BINGO 2:30 → Ageless Fitness & Hydration 3:15 ☑ Watercolors & Oldie Tunes	9:30 ★ Seated Strength (A) & Hydration 10:00 ★ Current Events & Photos of Butterflies Around The World 10:30 ★ Hangman & Pictionary 1:00 ★ Lanai Time & Hawaiian Tunes 1:30 ★ BINGO 2:30 ← Drum-A-Sizing 3:15 ★ Word Search Puzzles & Color Therapy	Kansas Day 9:50 Current Events 10:00 Local Jamz w/ Dean Hirata: 2nd Floor 1:00 Garden Club in The Lanai 1:30 Arts & Crafts: Lucky Clover Garland Making 3:00 Ageless Fitness & Hydration
Panda Bear Day 30 ★ Seated Strength Circuits & Hydration 00 ★ Current Events & Funny Clips of Panda Bears 15 ★ Friendship Beading 00 ★ Lanai Time & Hawaiian Tunes 30 ★ Fun Film & Popcorn 00 ★ Ageless Fitness & Hydration	St. Patrick's Day 9:45 Lamaku Van Ride: Aiea 10:00 Seated Strength (A) & Hydration 10:30 Hangman & Pictionary 1:00 Lanai Time & Hawaiian Tunes 1:30 Arts & Crafts: Thumbprint Clover Painting w/ Mini Shamrock Shakes 2:30 Chair Zumba & Hydration 3:30 Word Search Puzzles & Color Therapy	Sloppy Joe Day 9:30 Current Events 10:00 Soul Sounds w/ Wally Brown: 2nd Floor 1:00 Lanai Time & Hawaiian Tunes 1:30 BINGO 2:15 Drum-A-Sizing 3:00 BINGO	Nurses Day 9:45 Current Events & 10 Fun Facts About Nurses 10:00 Plaza Sing Along: 2nd Floor 1:00 Garden Club in The Lani 1:30 BINGO 2:15 Drum-A-Sizing 3:00 Fun Film & Popcorn	Ravioli Day 9:30 Seated Strength Circuit & Hydration 10:30 Beading & Origami Making 1:00 Lanai Time & Hawaiian Tunes 1:30 BINGO 2:30 Ageless Fitness & Hydration 3:15 Watercolors & Oldie Tunes	9:30 Seated Strength (A) & Hydration 10:00 Buddhist Services w/ Rev. Kojun Hashimoto: 5th Floor 10:30 Hangman & Pictionary 1:00 Lanai Time & Hawaiian Tunes 2:00 Local Jamz w/ Dean Hirata: 2nd Floor 3:15 Word Search Puzzles & Color Therapy	Goof Off Day 9:50 Current Events 10:00 Hawaiian Music w/ Chester & Henry: 2nd Floor 1:00 Garden Club in The Lanai 2:00 Musical Performance by The Wahiawa SDA Church Group: Floor 3:00 Ageless Fitness & Hydration
Puppy Day 30 ≯ Seated Strength Circuits & Hydration 00 Current Events & Funny Pictures of Puppies 15 ❖ Friendship Beading 00 ► Lanai Time & Hawaiian Tunes 30 ► Fun Film & Popcorn 4 Ageless Fitness & Hydration	Chocolate Covered Raisin Day 9:45	Medal of Honor Day 9:30 Seated Strength (B) & Hydration 10:00 Current Events & History of The Medal of Honor Recipients 10:30 Plaza Buck Shopping 1:00 Lanai Time & Hawaiian Tunes 1:30 Arts & Crafts: Panda Bear Door Tag Making 2:30 Ageless Fitness & Hydration 3:00 BINGO	Spinach Day 9:45 Current Events & Benefits of Eating Spinach 10:00 Plaza Sing Along: 2nd Floor 1:00 Garden Club in The Lani 1:30 BINGO 2:15 Drum-A-Sizing 3:00 Fun Film & Popcorn	Scribble Day 9:50 Current Events 10:00 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor 10:00 Mass w/ Father Anthony: 5th Floor 1:00 Lanai Time & Hawaiian Tunes 1:30 BINGO 2:30 Ageless Fitness & Hydration 3:15 Watercolors & Oldie Tunes	Something On A Stick Day 9:30 Seated Strength (A) & Hydration 10:00 Current Events & Wackiest Things Made on A Stick 10:30 Hangman & Pictionary 1:00 BINGO 2:30 Drum-A-Sizing 3:15 Word Search Puzzles & Color Therapy	Hydration