

November 2024 Lamaku Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>Creative Entertainment Excursion Intellectual Physical Social</p>				<p>Author's Day 1</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 ⭐ Current Events & Great Author's in America 10:30 ⭐ Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:30 ↔ Drum-A-Sizing 3:15 🎨 Word Search Puzzles & Color Therapy</p>	<p>Play Outside Day 2</p> <p>9:50 🎲 Current Events 10:00 ↔ Chair Zumba w/ Annette: 2nd Floor 1:00 ↔ Garden Club in The Lanai 1:30 🎲 BINGO 2:30 ↔ Balloon Hockey 3:00 ↔ Chair Zumba & Hydration</p>
<p>Sandwich Day 3</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 🎲 Current Events & History of The Sandwich 10:15 ⭐ Friendship Beading 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration</p>	<p>Candy Day 4</p> <p>9:45 🚗 Lamaku Van Ride: Waialua 10:00 ↔ Chair Zumba & Hydration 10:30 🎬 Hangman & Hawaii Candy Sampling 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 ⭐ BINGO 2:15 ↔ Drum-A-Sizing 3:30 🎨 Word Search Puzzles & Color Therapy</p>	<p>Football Day 5</p> <p>9:50 🎲 Current Events & History of Football 10:00 🎵 Performance by Team of Angels: 2nd Floor 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Arts & Crafts: Fall Tree Q-Tip Painting 2:30 ↔ Chair Zumba & Hydration 3:00 🎲 BINGO</p>	<p>Stress Awareness Day 6</p> <p>9:45 ⭐ Current Events & Best Tips for Relieving Stress 10:00 🎲 Plaza Sing Along: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🎲 BINGO 2:15 ↔ Drum-A-Sizing 3:00 🎬 Fun Film & Popcorn</p>	<p>Chocolate Day 7</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 🎨 Beading & Origami Making 10:30 ⭐ Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Fun Film w/ Chocolate Covered Pretzels 2:30 ↔ Chair Zumba & Hydration 3:15 🎨 Watercolors & Oldie Tunes</p>	<p>STEM Day 8</p> <p>9:50 ⭐ Current Events 10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor 11:30 🎲 Men's Club 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:30 ↔ Drum-A-Sizing 3:15 🎨 Word Search Puzzles & Color Therapy</p>	<p>Art Museum Day 9</p> <p>9:30 🎲 Ageless Fitness & Hydration 10:00 ⭐ Current Events & History of The Bishop Museum 10:30 🎲 Balloon Hockey 1:00 ↔ Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Fall Wreath Making 3:00 ↔ Chair Zumba & Hydration</p>
<p>Vanilla Cupcake Day 10</p> <p>9:50 🎲 Current Events 10:00 🎵 Ryugn Taiko Performing Group: 2nd Floor 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Fun Film w/ Mini Vanilla Cupcakes 3:00 ↔ Chair Zumba & Hydration</p>	<p>Veteran's Day 11</p> <p>9:45 🚗 Lamaku Van Ride: Ewa Beach 10:00 ↔ Chair Zumba & Hydration 10:30 🎬 Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 ⭐ BINGO 2:15 ↔ Drum-A-Sizing 3:30 🎨 Word Search Puzzles & Color Therapy</p>	<p>Happy Hour Day 12</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 🎲 Current Events & History of Happy Hour 10:30 🎵 Japanese Sing Along 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Arts & Crafts: Wacky Leaf Garland Making 2:30 ↔ Chair Zumba & Hydration 3:00 🎲 BINGO</p>	<p>World Kindness Day 13</p> <p>9:45 ⭐ Current Events & Ways to Be More Kind 10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🎲 BINGO 2:15 ↔ Drum-A-Sizing 3:00 🎬 Fun Film & Popcorn</p>	<p>Family PJ Day 14</p> <p>9:30 ⭐ Current Events & Wackiest Pictures of PJs 10:00 🎵 Musical Performance by The Mellow Friends: 2nd Floor 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:30 ↔ Chair Zumba & Hydration 3:15 🎨 Watercolors & Oldie Tunes</p>	<p>Americas Recycles Day 15</p> <p>9:30 ↔ Ageless Fitness & Hydration 9:30 ⭐ Hangman & Pictionary 10:00 ↔ Current Events 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:30 ↔ Drum-A-Sizing 3:15 🎨 Word Search Puzzles & Color Therapy</p>	<p>Button Day 16</p> <p>9:30 🎲 Ageless Fitness & Hydration 10:00 ⭐ Current Events 10:30 🎲 Balloon Hockey 1:00 ↔ Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Clothes Pin Turkey Magnet Making 3:00 ↔ Chair Zumba & Hydration</p>
<p>Butter Day 17</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 🎲 Current Events & History of Butter 10:15 ⭐ Friendship Beading 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration</p>	<p>Micky Mouse's Day 18</p> <p>9:45 🚗 Lamaku Van Ride: Honolulu 10:00 ↔ Chair Zumba & Hydration 10:30 🎬 Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 ⭐ BINGO 2:15 ↔ Drum-A-Sizing 3:30 🎨 Word Search Puzzles & Color Therapy</p>	<p>Monopoly Day 19</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 🎲 Current Events 10:30 🎵 Japanese Sing Along 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Arts & Crafts: Pinecone Fluffy Bird Making 2:30 ↔ Chair Zumba & Hydration 3:00 🎲 BINGO</p>	<p>Absurdity Day 20</p> <p>9:45 ⭐ Current Events 10:00 🎲 Plaza Sing Along: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🎲 BINGO 2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor 3:00 🎬 Fun Film & Popcorn</p>	<p>Gingerbread Cookie Day 21</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 🎨 Beading & Origami Making 10:00 ⭐ Current Events & Wackiest Things Made w/ Gingerbread Cookies 11:30 🎲 Men's Club 1:00 🎵 Lanai Time & Hawaiian Tunes 2:00 Local Jamz w/ Dean Hirata: 2nd Floor 3:15 🎨 Watercolors & Oldie Tunes</p>	<p>Go For A Ride Day 22</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 ⭐ Current Events & Scenic Roads Around The World 10:30 ⭐ Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:30 ↔ Drum-A-Sizing 3:15 🎨 Word Search Puzzles & Color Therapy</p>	<p>Volunteer Day 23</p> <p>9:30 🎲 Ageless Fitness & Hydration 10:00 ⭐ Current Events & Ways to Volunteer 10:30 🎲 Balloon Hockey 1:00 ↔ Garden Club in The Lanai 2:00 🎵 Musical Performance by The Wahiawa SDA Church Group: 2nd Floor 3:00 ↔ Chair Zumba & Hydration</p>
<p>Unique Talent Day 24</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 🎲 Current Events & Videos of Unique Talents 10:15 ⭐ Friendship Beading 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Fun Film & Popcorn 3:00 ↔ Chair Zumba & Hydration</p>	<p>Parfait Day 25</p> <p>9:45 🚗 Lamaku Van Ride: Newton / Aiea 10:00 🎵 Musical Performance by The Team of Angels: 2nd Floor 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 ⭐ BINGO 2:15 ↔ Drum-A-Sizing 3:30 🎨 Word Search Puzzles & Color Therapy</p>	<p>Giving Day 26</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 🎲 Plaza Buck Shopping 10:50 🎲 Current Events & 5 Tips on How to be More Giving 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎬 Arts & Crafts: Thanksgiving Pumpkin Pie Craft 2:30 ↔ Chair Zumba & Hydration 3:00 🎲 BINGO</p>	<p>Jukebox Day 27</p> <p>9:45 ⭐ Current Events & History of The Juke Box 10:00 🎲 Plaza Sing Along: 2nd Floor 1:00 ↔ Garden Club in The Lani 1:30 🎲 BINGO 2:15 ↔ Drum-A-Sizing 3:00 🎬 Fun Film & Popcorn</p>	<p>Thanksgiving Day 28</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 🎨 Beading & Origami Making 10:00 ⭐ Current Events 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎨 Thanksgiving Craft & Film w/ Mini Pumpkin Pie 2:30 ↔ Chair Zumba & Hydration 3:15 🎨 Watercolors & Oldie Tunes</p>	<p>E-Greetings Day 29</p> <p>9:30 ↔ Ageless Fitness & Hydration 10:00 ⭐ Current Events & Creative Ways to E-Greet 10:30 ⭐ Hangman & Pictionary 1:00 🎵 Lanai Time & Hawaiian Tunes 1:30 🎲 BINGO 2:30 ↔ Drum-A-Sizing 3:15 🎨 Word Search Puzzles & Color Therapy</p>	<p>Mousse Day 30</p> <p>9:30 🎲 Ageless Fitness & Hydration 10:00 ⭐ Current Events & Best Places for Mousse 10:30 🎲 Balloon Hockey 1:00 ↔ Garden Club in The Lanai 1:30 🎨 Arts & Crafts: Stand Up Snow Globe Making 3:00 ↔ Chair Zumba & Hydration</p>