

October 2024 3rd Floor Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday



All activities will be located on the 3rd floor unless otherwise noted. Please meet in the lobby 15 minutes prior to all van departures.

<p>Noodle Day 6</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Wackiest Noodle Creations</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba & Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p>Homemade Cookies Day 1</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>9:30 🍫 Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 🎵 Japanese Sing Along</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: 3D Scary Bat Making w/ Chocolate Chip Cookies</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Name Your Car Day 2</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Funny Names Given to Cars</p> <p>10:00 🎵 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🎵 Fun Film & Popcorn</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Tech Day 3</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & 10 Fun Facts About Technology</p> <p>10:00 🎵 Hula by Na Wahine O Ka Hula: 2nd Floor</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 🎨 Watercolors & Oldie Tunes</p> <p>2:30 🌺 Sensory Break: Guess This Scent!</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Cinnamon Day 4</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Best Places for Cinnamon Rolls</p> <p>10:00 📖 Bible Stories w/ Ms. Maureen</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🎨 Q-Tip Art & Puzzle Packs</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 ⚡ Name 5 & Guess That Tune</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Rhode Island Day 5</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Fun Facts About Road Island</p> <p>10:00 ↔ Chair Zumba w/ Annette: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 📷 Arts & Crafts: Coffee Filter Ghost in a Tree Craft</p> <p>2:30 ↔ Ageless Fitness & Hydration</p> <p>3:15 ⚡ BINGO</p> <p>5:00 ↔ Evening Cool Down Stretches</p> <p>5:30 🌺 Stories of Old Hawaii</p>
<p>U.S. Navy Birthday 13</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & History of Pearl Harbor Naval Base</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba & Hydration</p> <p>2:00 ⚡ Educational Documentaries</p> <p>3:00 🌺 BINGO</p>	<p>Frappe Day 7</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & What is a Frappe?</p> <p>9:30 🎨 Watercolors & Oldie Tunes</p> <p>10:00 🌺 Hali'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Mokuleia</p> <p>1:30 📷 Fun Film</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Hero Day 8</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Hero's of Hawaii</p> <p>9:30 🍫 Hot Chocolate & Talk Story at The Bistro</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Kawaii Candy Corn Making</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Teddy Bear Day 9</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Cute Pictures of Teddy Bears</p> <p>10:00 🎵 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🎵 Fun Film & Popcorn</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Handbag Day 10</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Most Creative Handbags in the World</p> <p>10:00 🎵 Musical Performance by The Mellow Friends: 2nd Floor</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 🎨 Watercolors & Oldie Tunes</p> <p>2:30 🌺 Sensory Break: Guess This Scent!</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Sausage Day 11</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🎨 Q-Tip Art & Puzzle Packs</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 ⚡ Name 5 & Guess That Tune</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>
<p>Chicken & Waffle Day 20</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Best Places for Chicken & Waffles</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba & Hydration</p> <p>2:00 ⚡ Fun Film & Halloween Cookie Decorating</p> <p>3:00 🌺 BINGO</p>	<p>Columbus Day 14</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & 10 Fun Facts About Christopher Columbus</p> <p>9:30 🎨 Watercolors & Oldie Tunes</p> <p>10:00 🌺 Hali'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Old Waipahu / Kunia</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>I Love Lucy Day 15</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🎵 Music & Dancing by The Chibariyo Performers: 2nd Floor</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Dia Delos Muertos Skull Candy Mask Making</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Sports Day 16</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🎵 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🎵 Piano & Vocals by Roy Hamada: 2nd Floor</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Pasta Day 17</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Wackiest Pasta Creations</p> <p>9:30 🍫 Hot Chocolate & Talk Story at The Bistro</p> <p>10:15 ↔ Mega Toss Games</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>2:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Chocolate Cupcake Day 18</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🍫 Hot Chocolate & Brain Games at The Bistro</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 📷 Arts & Crafts: Paper Roll Bat Making w/ Mini Chocolate Cupcakes</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 ⚡ Name 5 & Guess That Tune</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>
<p>Wear Orange & Black Day 27</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 📷 Paper Collage Making</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 ↔ Chair Zumba & Hydration</p> <p>2:00 🎨 Pumpkin Decorating & Halloween Fun Film</p> <p>3:00 🌺 BINGO</p>	<p>Pumpkin Day 21</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & 10 Fun Facts About Pumpkins</p> <p>9:30 🎨 Watercolors & Oldie Tunes</p> <p>10:00 🌺 Hali'a Mele Club in The Lanai</p> <p>12:30 🚗 3rd Flr. Van Ride: Kapolei</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Horror Movie Day 22</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Most Scariest Horror Films of All Time</p> <p>10:00 🎵 Local Jamz w/ Dean Hirata: 2nd Floor</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Tissue Paper Mummy Making</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Boston Cream Pie Day 23</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🎵 Soul Sounds w/ Wally Brown: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🎵 Fun Film & Popcorn</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Food Day 24</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🎵 Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>1:30 🎨 Watercolors & Oldie Tunes</p> <p>2:30 🌺 Sensory Break: Guess This Scent!</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Frankenstein Day 25</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & History of Frankenstein</p> <p>10:00 🍫 Hot Chocolate & Brain Games at The Bistro</p> <p>12:30 🌺 Lanai Time</p> <p>2:00 🎨 Q-Tip Art & Puzzle Packs</p> <p>3:00 ↔ Chair Zumba & Hydration</p> <p>3:30 ⚡ Name 5 & Guess That Tune</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>
<p>Dress Like a Disney Character Day 28</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🎵 Musical Performance by The Team of Angels: 2nd Floor</p> <p>12:30 🚗 3rd Flr. Van Ride: Ala Moana Beach Park</p> <p>1:00 📷 Tissue Paper Art</p> <p>2:00 🚗 Charades & Name That! YouTube Edition</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Dress as Twins Day 29</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🎵 Music & Singing by The Olaloa Jammers: 2nd Floor</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai</p> <p>1:30 📷 Arts & Crafts: Paper Plate Pumpkin Making</p> <p>2:30 ⚡ Who Is It? & Hangman</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Department Costume Day 30</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>10:00 🎵 Plaza Sing Along: 2nd Floor</p> <p>12:30 🌺 Lanai Time</p> <p>1:30 🎵 Fun Film & Popcorn</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>Wear Your Halloween Costume Day 31</p> <p>8:30 ↔ Ageless Fitness & Hydration</p> <p>9:15 ⚡ Current Events & Brain Games</p> <p>9:30 🎨 Costume Parade & Visit by HBP</p> <p>10:15 ↔ Mega Toss Games</p> <p>12:30 🌺 Bubble Time & Garden Club in The Lanai Time</p> <p>2:00 🎨 The Plaza's Halloween Costume Contest: 2nd Floor</p> <p>3:15 ↔ Chair Zumba & Hydration</p> <p>5:00 🌺 BINGO</p> <p>5:30 ↔ Evening Cool Down Stretches</p>	<p>📷 Creative</p> <p>🎵 Entertainment</p> <p>🚗 Excursion</p> <p>💡 Intellectual</p> <p>↔ Physical</p> <p>🌺 Social</p> <p>🦋 Spiritual</p>	