

# October 2024 4th Floor Calendar



## Sunday Monday Tuesday Wednesday Thursday Friday Saturday



<p><b>Noodle Day</b> 6</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; Wackiest Noodle Creations</b></p> <p>10:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 ↔ Balloon Volleyball</p> <p>1:30 🎵 Fun Film &amp; Bananagrams</p> <p>3:00 🎵 BINGO</p> <p>3:30 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Homemade Cookies Day</b> 1</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events</b></p> <p>10:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🎵 Hangman &amp; Pictionary</p> <p>1:30 📷 <b>Arts &amp; Crafts: 3D Scary Bat Making w/ Chocolate Chip Cookies</b></p> <p>2:30 🎵 Chair Zumba &amp; Hydration</p> <p>3:00 🎵 BINGO</p>	<p><b>Name Your Car Day</b> 2</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; Funny Names Given to Cars</b></p> <p>10:00 🎵 <b>Plaza Sing Along: 2nd Floor</b></p> <p>1:00 🎵 Spot It! &amp; Trivia</p> <p>1:30 🎵 Movies, Color Therapy, &amp; Popcorn</p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Tech Day</b> 3</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Hula by Na Wahine O Ka Hula: 2nd Floor</b></p> <p>1:00 🎵 Hangman &amp; Pictionary</p> <p>1:30 🎵 <b>Hot Chocolate &amp; Brain Games at The Bistro</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🎵 BINGO</p>	<p><b>Cinnamon Day</b> 4</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; Best Places for Cinnamon Rolls</b></p> <p>10:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>10:00 🎵 <b>Men's Club</b></p> <p>1:00 🎵 Dice BINGO</p> <p>2:00 🕒 <b>Watercolors &amp; Word Search Puzzles</b></p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Rhode Island Day</b> 5</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 ↔ <b>Chair Zumba w/ Annette: 2nd Floor</b></p> <p>1:00 🎵 Charades &amp; Name That Tune</p> <p>1:30 📷 <b>Arts &amp; Crafts: Coffee Filter Ghost in a Tree Craft</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🎵 BINGO</p>
<p><b>Noodle Day</b> 6</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; Wackiest Noodle Creations</b></p> <p>10:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 ↔ Balloon Volleyball</p> <p>1:30 🎵 Fun Film &amp; Bananagrams</p> <p>3:00 🎵 BINGO</p> <p>3:30 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Frappe Day</b> 7</p> <p>8:45 ↔ Chair Zumba &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; What is a Frappe?</b></p> <p>9:30 🚗 <b>Van Ride: Mokuleia</b></p> <p>10:30 🎵 <b>Game Show Hour: The Price is Right</b></p> <p>1:00 📷 <b>Fun Film &amp; Watercolors</b></p> <p>3:00 ↔ Ageless Fitness &amp; Hydration</p> <p>3:30 🎵 BINGO</p>	<p><b>Hero Day</b> 8</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events</b></p> <p>10:00 🎵 Hangman &amp; Pictionary</p> <p>10:30 🎵 <b>Resident Council Meeting</b></p> <p>1:30 📷 <b>Arts &amp; Crafts: Kawaii Candy Corn Making</b></p> <p>2:30 🎵 Chair Zumba &amp; Hydration</p> <p>3:00 🎵 BINGO</p>	<p><b>Teddy Bear Day</b> 9</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Plaza Sing Along: 2nd Floor</b></p> <p>1:00 🎵 Spot It! &amp; Trivia</p> <p>1:30 🎵 Fun Film &amp; Halloween Cookie Decorating</p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Handbag Day</b> 10</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Musical Performance by The Mellow Friends: 2nd Floor</b></p> <p>1:00 🎵 Hangman &amp; Pictionary</p> <p>1:30 🎵 <b>Hot Chocolate &amp; Brain Games at The Bistro</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🎵 BINGO</p>	<p><b>Farmer's Day</b> 12</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; Fun Facts About Farmers</b></p> <p>10:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🎵 Charades &amp; Name That Tune</p> <p>1:30 📷 <b>Arts &amp; Crafts: Witch Wreath Making</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🎵 BINGO</p>
<p><b>U.S. Navy Birthday</b> 13</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; History of Pearl Harbor Naval Base</b></p> <p>10:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 ↔ Balloon Volleyball</p> <p>1:30 🎵 Fun Film &amp; Bananagrams</p> <p>3:00 🎵 BINGO</p> <p>3:30 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Columbus Day</b> 14</p> <p>8:45 ↔ Chair Zumba &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; 10 Facts About Christopher Columbus</b></p> <p>9:30 🚗 <b>Van Ride: Old Waipahu / Kunia</b></p> <p>10:30 🎵 <b>Game Show Hour: The Price is Right</b></p> <p>1:00 📷 <b>Watercolors &amp; Puzzle Packs</b></p> <p>2:00 ↔ Ageless Fitness &amp; Hydration</p> <p>2:30 🎵 Name 5 &amp; Charades</p> <p>3:00 🎵 BINGO</p>	<p><b>I Love Lucy Day</b> 15</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Music &amp; Dancing by The Chibariyo Performers: 2nd Floor</b></p> <p>1:00 🎵 Hangman &amp; Pictionary</p> <p>1:30 📷 <b>Arts &amp; Crafts: Dia Delos Muertos Skull Candy Mask Making</b></p> <p>2:30 🎵 Chair Zumba &amp; Hydration</p> <p>3:00 🎵 BINGO</p>	<p><b>Sports Day</b> 16</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Plaza Sing Along: 2nd Floor</b></p> <p>1:00 🎵 BINGO</p> <p>2:00 🎵 <b>Piano &amp; Vocals by Roy Hamada: 2nd Floor</b></p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Pasta Day</b> 17</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; Wackiest Pasta Creations</b></p> <p>10:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🎵 Hangman &amp; Pictionary</p> <p>2:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b></p> <p>3:00 🎵 BINGO</p>	<p><b>Kentucky Day</b> 19</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; Fun Facts About Kentucky</b></p> <p>10:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🎵 Charades &amp; Name That Tune</p> <p>2:00 🎵 <b>Piano Recital by Kim Studio's: 2nd Floor</b></p> <p>3:00 🎵 BINGO</p>
<p><b>Chicken &amp; Waffle Day</b> 20</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; Best Places for Chicken &amp; Waffles</b></p> <p>10:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 ↔ Balloon Volleyball</p> <p>1:30 🎵 <b>Fun Film &amp; Halloween Cookie Decorating</b></p> <p>3:00 🎵 BINGO</p> <p>3:30 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Pumpkin Day</b> 21</p> <p>8:45 ↔ Chair Zumba &amp; Hydration</p> <p>9:15 🕒 <b>Current Events &amp; 10 Fun Facts About Pumpkins</b></p> <p>9:30 🚗 <b>Van Ride: Kapolei</b></p> <p>10:30 🎵 <b>Game Show Hour: The Price is Right</b></p> <p>1:00 📷 <b>Watercolors &amp; Puzzle Packs</b></p> <p>2:00 ↔ Ageless Fitness &amp; Hydration</p> <p>2:30 🎵 Name 5 &amp; Charades</p> <p>3:00 🎵 BINGO</p>	<p><b>Horror Movie Day</b> 22</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b></p> <p>1:00 🎵 Hangman &amp; Pictionary</p> <p>1:30 📷 <b>Arts &amp; Crafts: Tissue Paper Mummy Making</b></p> <p>2:30 🎵 Chair Zumba &amp; Hydration</p> <p>3:00 🎵 BINGO</p>	<p><b>Boston Cream Pie Day</b> 23</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Soul Sounds w/ Wally Brown: 2nd Floor</b></p> <p>1:00 🎵 Spot It! &amp; Trivia</p> <p>1:30 🎵 Movies, Color Therapy, &amp; Popcorn</p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Food Day</b> 24</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Bon Dancersizing w/ Wahiawa Hongwanji: 2nd Floor</b></p> <p>1:00 🎵 Hangman &amp; Pictionary</p> <p>1:30 🎵 <b>Hot Chocolate &amp; Brain Games at The Bistro</b></p> <p>2:30 ↔ Chair Zumba &amp; Hydration</p> <p>3:00 🎵 BINGO</p>	<p><b>Mule Day</b> 26</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Hawaiian Music w/ Chester &amp; Henry: 2nd Floor</b></p> <p>1:00 🎵 Charades &amp; Name That Tune</p> <p>2:00 🎵 <b>Musical Performance by The Wahiawa SDA Church Group: 2nd Floor</b></p> <p>3:00 🎵 BINGO</p>
<p><b>Wear Orange &amp; Black Day</b> 27</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events</b></p> <p>10:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 ↔ Balloon Volleyball</p> <p>1:30 🎵 <b>Pumpkin Decorating &amp; Halloween Fun Film</b></p> <p>3:00 🎵 BINGO</p> <p>3:30 ↔ Chair Zumba &amp; Hydration</p>	<p><b>Dress Like a Disney Character Day</b> 28</p> <p>8:45 ↔ Chair Zumba &amp; Hydration</p> <p>9:30 🚗 <b>Van Ride: Ala Moana Beach Park</b></p> <p>10:00 🎵 <b>Musical Performance by The Team of Angels: 2nd Floor</b></p> <p>1:00 📷 <b>Watercolors &amp; Puzzle Packs</b></p> <p>2:00 ↔ Ageless Fitness &amp; Hydration</p> <p>2:30 🎵 Name 5 &amp; Charades</p> <p>3:00 🎵 BINGO</p>	<p><b>Dress as Twins Day</b> 29</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>10:00 🎵 <b>Music &amp; Singing by The Olaloa Jammers: 2nd Floor</b></p> <p>1:00 🎵 Hangman &amp; Pictionary</p> <p>1:30 📷 <b>Arts &amp; Crafts: Paper Plate Pumpkin Making</b></p> <p>2:30 🎵 Chair Zumba &amp; Hydration</p> <p>3:00 🎵 BINGO</p>	<p><b>Department Costume Day</b> 30</p> <p>8:45 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events</b></p> <p>10:00 🎵 <b>Plaza Sing Along: 2nd Floor</b></p> <p>1:00 🎵 Spot It! &amp; Trivia</p> <p>1:30 🎵 Movies, Color Therapy, &amp; Popcorn</p> <p>3:00 ↔ <b>Drum-A-Sizing</b></p>	<p><b>Wear Your Halloween Costume Day</b> 31</p> <p>8:50 ↔ Ageless Fitness &amp; Hydration</p> <p>9:15 🕒 <b>Current Events</b></p> <p>9:30 🎵 <b>Costume Parade &amp; Visit by HBP</b></p> <p>10:00 🎵 <b>Lanai Time &amp; Hawaiian Tunes</b></p> <p>1:00 🎵 Hangman &amp; Pictionary</p> <p>2:00 🎵 <b>The Plaza's Halloween Costume Contest: 2nd Floor</b></p> <p>3:00 🎵 BINGO</p>	<p>📷 <b>Creative</b></p> <p>🎵 <b>Entertainment</b></p> <p>🚗 <b>Excursion</b></p> <p>💡 <b>Intellectual</b></p> <p>↔ <b>Physical</b></p> <p>👥 <b>Social</b></p>