


# September 2024 4th Floor Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>Forgiveness Day 1</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Best Ways to Forgive</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:00 ↔ Balloon Volleyball 1:30 🌺 Fun Film & Bananagrams 3:00 🌺 BINGO 3:30 ↔ Chair Zumba & Hydration	<b>Labor Day 2</b> 8:45 ↔ Chair Zumba & Hydration 9:15 ⚡ <b>Current Events &amp; History of Labor Day</b> 9:30 🚌 <b>Van Ride: Kōolina</b> 10:30 🌺 Game Show Hour: The Price is Right 1:00 📺 Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🌺 Name 5 & Charades 3:00 🌺 BINGO	<b>Cinema Day 3</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Iconic Movies in History</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:00 🌺 Hangman & Pictionary 1:30 📺 <b>Arts &amp; Crafts: Paper Cup Summer Drink Craft</b> 2:30 🌺 Chair Zumba & Hydration 3:00 🌺 BINGO	<b>Macadamia Nut Day 4</b> 8:45 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Fun Facts About Macadamia Nuts</b> 10:00 🌺 <b>Plaza Sing Along: 2nd Floor</b> 1:00 🌺 Spot It! & Trivia 1:30 🌺 Movies, Color Therapy, & Popcorn 3:00 ↔ <b>Drum-A-Sizing</b>	<b>Cheese Pizza Day 5</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Wackiest Pizza Creations</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:00 🌺 Hangman & Pictionary 1:30 🌺 <b>Hot Chocolate &amp; Brain Games at The Bistro</b> 2:30 ↔ Chair Zumba & Hydration 3:00 🌺 BINGO	<b>Read a Book Day 6</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 10:00 🌺 <b>Men's Club</b> 1:00 🌺 Dice BINGO 1:30 🌺 Fun Film 3:00 ↔ <b>Drum-A-Sizing</b>	<b>Beer Day 7</b> 8:50 ⚡ <b>Current Events</b> 10:00 ↔ <b>Chair Zumba w/ Annette: 2nd Floor</b> 1:00 🌺 Charades & Name That Tune 1:30 📺 <b>Arts &amp; Crafts: Jumbo Craft Stick Farm Animal Art</b> 2:30 ↔ Chair Zumba & Hydration 3:00 🌺 BINGO	
<b>Grandparents Day 8</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:00 ↔ Balloon Volleyball 1:30 🌺 Fun Film & Bananagrams 3:00 🌺 BINGO 3:30 ↔ Chair Zumba & Hydration	<b>Dress as Your Favorite Cartoon Character 9</b> 8:45 ↔ Chair Zumba & Hydration 9:15 ⚡ <b>Current Events &amp; History of The Teddy Bear</b> 9:30 🚌 <b>Van Ride: Kaka'ako</b> 10:30 🌺 Game Show Hour: The Price is Right 1:00 📺 Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🌺 Name 5 & Charades 3:00 🌺 BINGO	<b>Wear Items of Your Favorite U.S. State 10</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events</b> 10:00 ⚡ <b>Hangman &amp; Trivia</b> 10:30 🌺 <b>Resident Council Meeting</b> 1:00 🌺 Hangman & Pictionary 1:30 📺 <b>Arts &amp; Crafts: Cupcake Liner Muffin Card</b> 2:30 🌺 Chair Zumba & Hydration 3:00 🌺 BINGO	<b>Wear Your School Colors and/or Attire 11</b> 8:45 ↔ Ageless Fitness & Hydration 10:00 🌺 <b>Plaza Sing Along: 2nd Floor</b> 1:00 🌺 Spot It! & Trivia 1:30 🌺 Movies, Color Therapy, & Popcorn 3:00 ↔ <b>Drum-A-Sizing</b>	<b>Wear Items w/ Stripes 12</b> 9:50 ⚡ <b>Current Events &amp; Who Created the Hug &amp; High 5?</b> 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 1:00 🌺 Hangman & Pictionary 1:30 🌺 <b>Hot Chocolate &amp; Brain Games at The Bistro</b> 2:30 ↔ Chair Zumba & Hydration 3:00 🌺 BINGO	<b>Wear Tie Dye 13</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Best Ways to Strengthen Your Brain</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 10:00 🌺 <b>Men's Club</b> 1:00 🌺 Dice BINGO 2:00 ⚡ <b>Watercolors &amp; Word Search Puzzles</b> 3:00 ↔ <b>Drum-A-Sizing</b>	<b>Wear Your Favorite Sports Team Attire 14</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:00 🌺 Charades & Name That Tune 1:30 📺 <b>Arts &amp; Crafts: Bear Hug Card Making</b> 2:30 ↔ Chair Zumba & Hydration 3:00 🌺 BINGO	
<b>Cheeseburger Day 15</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Wackiest Cheeseburger in The World</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:00 ↔ Balloon Volleyball 1:30 🌺 Fun Film & Bananagrams 3:00 🌺 BINGO 3:30 ↔ Chair Zumba & Hydration	<b>Play-Doh Day 16</b> 8:45 ↔ Chair Zumba & Hydration 9:15 ⚡ <b>Current Events &amp; How Play-Doh was Created</b> 9:30 🚌 <b>Van Ride: Wahiawa Heights / Helemano</b> 10:30 🌺 Game Show Hour: The Price is Right 1:00 📺 Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🌺 Name 5 & Charades 3:00 🌺 BINGO	<b>House Cleaners Day 17</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Tips for a Clean House</b> 10:00 🎵 <b>Hawaiian Music w/ Kupuna Mele: 2nd Floor</b> 1:00 🌺 Hangman & Pictionary 1:30 📺 <b>Arts &amp; Crafts: Fall Tree Q-Tip Painting</b> 2:30 🌺 Chair Zumba & Hydration 3:00 🌺 BINGO	<b>Air Force Day 18</b> 8:45 ⚡ <b>Current Events</b> 10:00 🎵 <b>Soul Sounds w/ Wally Brown: 2nd Floor</b> 1:00 ↔ Ageless Fitness & Hydration 1:30 ⚡ <b>Name 5 &amp; Trivia</b> 2:00 🎵 <b>Piano &amp; Vocals by Roy Hamada: 2nd Floor</b> 3:00 🌺 BINGO	<b>Talk Like a Pirate Day 19</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Funniest Talk Like a Pirate Videos</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:00 🌺 Hangman & Pictionary 1:30 🌺 <b>Hot Chocolate &amp; Brain Games at The Bistro</b> 2:30 ↔ Chair Zumba & Hydration 3:00 🌺 BINGO	<b>Pepperoni Pizza Day 20</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Best Pizza Places in Hawaii</b> 10:00 🌺 <b>Bible Stories w/ Ms. Maureen: 5th Floor</b> 10:00 🌺 <b>Men's Club: Sports &amp; Pupus at The Clubhouse</b> 1:00 🌺 Dice BINGO 2:00 ⚡ <b>Watercolors &amp; Word Search Puzzles</b> 3:00 ↔ <b>Drum-A-Sizing</b>	<b>Cleanup Day 21</b> 8:50 ⚡ <b>Current Events &amp; Benefits of Keeping a Clean Place</b> 10:00 🎵 <b>Hawaiian Music w/ Chester &amp; Henry: 2nd Floor</b> 1:00 🌺 Charades & Name That Tune 1:30 📺 <b>Arts &amp; Crafts: Coffee Filter Butterfly Making</b> 2:30 ↔ Chair Zumba & Hydration 3:00 🌺 BINGO	
<b>States &amp; Capitals Day 22</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Fun Facts about States &amp; Capitals</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:00 ↔ Balloon Volleyball 1:30 🌺 Fun Film & Bananagrams 3:00 🌺 BINGO 3:30 ↔ Chair Zumba & Hydration	<b>Pot Pie Day 23</b> 8:45 ↔ Chair Zumba & Hydration 9:15 ⚡ <b>Current Events &amp; Who Invented the Pot Pie?</b> 9:30 🚌 <b>Van Ride: Moanalua / Salt Lake</b> 10:30 🌺 Game Show Hour: The Price is Right 1:00 📺 Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🌺 Name 5 & Charades 3:00 🌺 BINGO	<b>Punctuation Day 24</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; What is a Punctuation Mark?</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:00 🌺 Hangman & Pictionary 1:30 📺 <b>Arts &amp; Crafts: Tissue Paper Sakura Art</b> 2:30 🌺 Chair Zumba & Hydration 3:00 🌺 BINGO	<b>Daughters Day 25</b> 8:45 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; 10 Reasons Why Daughters are Great!</b> 10:00 🌺 <b>Plaza Sing Along: 2nd Floor</b> 1:00 🌺 Spot It! & Trivia 1:30 🌺 <b>Movies &amp; Plaza Buck Shopping</b> 3:00 ↔ <b>Drum-A-Sizing</b>	<b>Pancake Day 26</b> 8:50 ⚡ <b>Current Events &amp; Craziest Pancake Creations</b> 10:00 🎵 <b>Musical Performance by Mellow Friends: 2nd Floor</b> 1:00 🌺 Hangman & Pictionary 1:00 🌺 <b>Hot Chocolate &amp; Brain Games at The Bistro</b> 2:00 🌺 <b>Crafts &amp; Dancing w/ Ladies of Aloha</b> 3:00 ↔ Chair Zumba & Hydration 3:30 🌺 BINGO	<b>Crush a Can Day 27</b> 8:50 ⚡ <b>Current Events &amp; Wackiest Things Made w/ Cans</b> 10:00 🎵 <b>Local Jamz w/ Dean Hirata: 2nd Floor</b> 1:00 🌺 Dice BINGO 2:00 ⚡ <b>Watercolors &amp; Word Search Puzzles</b> 3:00 ↔ <b>Drum-A-Sizing</b>	<b>Good Neighbor Day 28</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; Ways to Be a Good Neighbor</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:00 ↔ Chair Zumba & Hydration 1:30 🌺 Charades & Name That Tune 2:00 🎵 <b>Musical Performance by The Wahiawa SDA Church Group: 2nd Floor</b> 3:00 🌺 BINGO	
<b>Coffee Day 29</b> 8:50 ↔ Ageless Fitness & Hydration 9:15 ⚡ <b>Current Events &amp; History of Hawaii's Coffee Industry</b> 10:00 🌺 <b>Lanai Time &amp; Hawaiian Tunes</b> 1:00 ↔ Balloon Volleyball 1:30 🌺 Fun Film & Bananagrams 3:00 🌺 BINGO 3:30 ↔ Chair Zumba & Hydration	<b>Love People Day 30</b> 8:50 ⚡ <b>Current Events</b> 9:30 🚌 <b>Van Ride: Kaneohe</b> 10:00 🎵 <b>Musical Performance by The Team of Angels: 2nd Floor</b> 1:00 📺 Watercolors & Puzzle Packs 2:00 ↔ Ageless Fitness & Hydration 2:30 🌺 Name 5 & Charades 3:00 🌺 BINGO					<ul style="list-style-type: none"> <li>📺 Creative</li> <li>🎵 Entertainment</li> <li>🚌 Excursion</li> <li>💡 Intellectual</li> <li>↔ Physical</li> <li>🌺 Social</li> </ul>	