October 2024 2nd Floor Monthly			A THE		****	created Sogely
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE PLAZA — at Moanalua	 ♣ Art ♣ Entertainment ♠ Excursions ♣ Group Activity ✔ Learning Hour ♠ Memory Game ✔ Music Therapy ♠ Physical ♠ Special Events 	National Hair Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 1:30 Halia Holoholo Ride 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 1:00 FRESH DINNER	9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating LUNCH 12:30 Sing Along! 1:00 ATS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Dinner Seating 4:30 DINNER	National Techies Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating LUNCH 12:30 Sing Along! 1:00 SMUSIC THERAPY 1:30 ARTS & CRAFTS 1:30 ARTS & CRAFTS 1:30 Halia Holoholo Ride 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Taco Day 9:00	National Get Funky Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating LUNCH 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER
9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating LUNCH 12:30 MSIG Along! 1:00 JMUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Chocolate Covered Pretzel Day 9:00 ♥ Morning Exercise & Hydration 9:30 ❤ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 ❖ Sing Along! 1:00 J MUSIC THERAPY 1:30 ◆ ARTS & CRAFTS 2:25 ♥ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ◆ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 1:30 Halia Holoholo Ride 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating DINNER	10:00 Outdoor Stroll 10:00 PERFORMANCE - Roy Hamada! 10:25 OCOSNIFIT! 11:00 Bathroom & Wash Up Lunch Seating LUNCH 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Cake Decorating Day 9:00 ❤ Morning Exercise & Hydration 9:30 ❤ Current Events at The Plaza Moanalua 10:00 ❤ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 ❖ Sing Along! 1:00 ♬ MUSIC THERAPY 1:30 ❤ ARTS & CRAFTS 1:30 ➡ Halia Holoholo Ride 2:25 ❤ HALIA OLYMPICS & HYDRATION 3:00 ❤ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❤ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Sausage Pizza Day 9:00 ❤ Morning Exercise & Hydration 9:30 ♣ Current Events at The Plaza Moanalua 10:00 ❤ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 ♣ Sing Along! 1:00 ♬ MUSIC THERAPY 1:30 ♣ ARTS & CRAFTS 2:25 ❤ HALIA OLYMPICS & HYDRATION 3:00 ❤ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ◆ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	9:00 Morning Exercise & Hydration 9:30
9:00	National Dessert Day 9:00 ❤ Morning Exercise & Hydration 9:30 ♣ Current Events at The Plaza Moanalua 10:00 ❤ Outdoor Stroll 10:25 ❖ COGNIFITI 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 ♣ Sing Along! 1:00 ♣ MUSIC THERAPY 1:30 ♣ ARTS & CRAFTS 2:25 ❤ HALIA OLYMPICS & HYDRATION 3:00 ❤ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ♣ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	"I Love Lucy" Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:00 PERFORMANCE - Hank the Singing Dutchman! [A] 10:25 COGNIFIT! 11:30 Bathroom & Wash Up 11:15 LUNCH 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 1:30 AIS & CRAFTS 1:30 Falia Holoholo Ride 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating	National Sports Day 9:00 ❤ Morning Exercise & Hydration 9:30 ♣ Current Events at The Plaza Moanalua 10:00 ❤ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up Lunch Seating LUNCH 12:30 ♣ Sing Along! 1:00 ♣ MUSIC THERAPY 1:30 ♠ ARTS & CRAFTS 2:25 ❤ HALIA OLYMPICS & HYDRATION 3:00 ❤ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ◆ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating DINNER	National Pasta Day 9:00	National Chocolate Cupcake Day 9:00 ♥ Morning Exercise & Hydration 9:30 ₺ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ♦ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 ₺ Sing Along! 1:00 為 MUSIC THERAPY 1:30 ♠ ARTS & CRAFTS 2:25 ♥ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ♠ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Sweetness Day 9:00
National Chicken & Waffles Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up Lunch Seating LUNCH 12:30 MUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 1:11 Bathroom & Wash Up 1:12 Dinner Seating 1:13 Dinner Seating 1:14 Dinner Seating	National Apple Day 9:00 ❤ Morning Exercise & Hydration 9:30 ❤ Current Events at The Plaza Moanalua 10:00 ❤ Outdoor Stroll 10:25 ❖ COGNIFIT! Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 ❤ Sing Along! 1:00 ♣ MUSIC THERAPY 1:30 ♣ ARTS & CRAFTS 2:25 ❤ HALIA OLYMPICS & HYDRATION 3:00 ❤ FRESH AIH FRIENZY (Outdoor Stroll) 3:25 ♣ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating UNNER	National Color Day 9:00 ♥ Morning Exercise & Hydration 9:30 ♥ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ♦ COGNIFITI 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 ♥ Sing Along! 1:00 ₱ MUSIC THERAPY 1:30 ♠ ARTS & CRAFTS 1:30 ♠ Halia Holoholo Ride 2:25 ♥ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ♠ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Horror Movie Day 9:00	National Food Day 9:00	National Frankenstein Day 9:00 ♥ Morning Exercise & Hydration 9:30 ♥ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ❤ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 ♥ Sing Along! 1:00 Ja MUSIC THERAPY 1:30 ● ARTS & CRAFTS 2:25 ♥ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ● CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Pumpkin Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 Sing Along! 10:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating DINNER
Halloween Spirit Week Dress-Up: ORANGE & BLACK 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 MATS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	Halloween Spirit Week Dress-Up: ANIMAL PRINT 9:00 ♥ Morning Exercise & Hydration 9:30 ♥ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ♦ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 ♥ Sing Along! 1:00 ᠕ MUSIC THERAPY 1:30 ● ARTS & CRAFTS 2:25 ♥ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ● CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER		Halloween Spirit Week Dress-Up: FAMOUS CARTOONS 8:30 PERFORMANCE: Wally Brown! [A] 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating	Halloween Spirit Week Dress-Up: HALLOWEEN COSTUME Halloween Spirit Week Dress-Up: HALLOWEEN COSTUME 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 11:30 LUNCH 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 1:30 Halia Holoholo Ride 1:30 MOVIES - HOCUS POCUS [A] 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll)	*All Activities Are Subject to Change*	"You may have a fresh start any moment you choose, for this thing that we call "failure" is not the falling down, but the staying down." — Mary Pickford