October 2024	4 ly Activity Calendar	The state of the s	THE S		24	created Soldely
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE PLAZA — at Moanalua	 ♣ Art ♠ Entertainment ♠ Excursions ♣ Games ♣ Group Activity ✔ Learning Hour ♠ Memory Game ♬ Music Therapy ♠ Physical ♠ Special Events 	National Hair Day 9:00 ♥ Morning Exercise & Hydration 9:30 ♥ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ♦ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Bathroom & Wash Up 11:00 Ø MUSIC THERAPY 1:30 ♦ ARTS & CRAFTS 1:30 ♠ Halia Holoholo Ride 2:25 ♥ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ♦ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Custodial Workers Recognition Day 9:00 ♥ Morning Exercise & Hydration 9:30 ₡ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ₡ Sing Along! 1:00 ♬ MUSIC THERAPY 1:30 � ARTS & CRAFTS 2:25 ₡ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❖ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Techies Day 9:00 ♥ Morning Exercise & Hydration 9:30 ₺ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ₺ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ₺ Sing Along! 1:00 ♬ MUSIC THERAPY 1:30 ♠ ARTS & CRAFTS 1:30 ♠ Halia Holoholo Ride 2:25 ₺ HALIA OLYMPICS & HYDRATION 3:05 ₺ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Taco Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 ARTS & CRAFTS 2:25 CRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Get Funky Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 ARTS & CRAFTS 2:25 CRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER
National Noodle Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up Lunch Seating 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up Uniner Seating DINNER	National Chocolate Covered Pretzel Day 9:00	National Hero Day 9:00 ♥ Morning Exercise & Hydration 9:30 ♥ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ♥ Sing Along! 1:00 爲 MUSIC THERAPY 1:30 ● ART'S & CRAFT'S 1:30 ᆗ Halia Holoholo Ride 2:25 ❤ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❖ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Moldy Cheese Day 9:00 ♥ Morning Exercise & Hydration 9:30 ₡ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:00 ♥ PERFORMANCE - Roy Hamada! 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ₡ Sing Along! 1:00 ♬ MUSIC THERAPY 1:30 ◆ ARTS & CRAFTS 2:25 ₡ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❖ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:30 DINNER	National Cake Decorating Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 MUSIC THERAPY 1:30 ARTS & CRAFTS 1:30 Halia Holoholo Ride 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Sausage Pizza Day 9:00 ❤ Morning Exercise & Hydration 9:30 ❤ Current Events at The Plaza Moanalua 10:00 ❤ Outdoor Stroll 10:25 ❤ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ❤ Sing Along! 1:00 爲 MUSIC THERAPY 1:30 ❤ ARTS & CRAFTS 2:25 ❤ HALIA OLYMPICS & HYDRATION 3:00 ❤ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❤ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Farmers Day 9:00
Breast Cancer Awareness Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFITI 11:00 Bathroom & Wash Up Lunch Seating 12:30 Sing Along! 1:00 MINUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating DINNER	National Dessert Day 9:00	"I Love Lucy" Day 9:00	National Sports Day 9:00 ♥ Morning Exercise & Hydration 9:30 ♣ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ♣ Sing Along! 1:00 ♬ MUSIC THERAPY 1:30 ◆ ARTS & CRAFTS 2:25 ♣ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❖ CREATIVE HOUR & BUSY BRAIN 4:30 Dinner Seating 4:30 DINNER	National Pasta Day 9:00 ♥ Morning Exercise & Hydration 9:30 ♣ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up Lunch Seating 12:30 ♣ Sing Along! 1:00 ♬ MUSIC THERAPY 1:30 ♠ ARTS & CRAFTS 1:30 ♠ Halia Holoholo Ride 2:25 ♣ HALIA OLYMPICS & HYDRATION 3:00 ❤ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❖ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Chocolate Cupcake Day 9:00 ❤ Morning Exercise & Hydration 9:30 ♣ Current Events at The Plaza Moanalua 10:00 ❤ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ♣ Sing Along! 1:00 ♬ MUSIC THERAPY 1:30 ♣ ARTS & CRAFTS 2:25 ♣ HALIA OLYMPICS & HYDRATION 3:00 ❤ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❖ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Sweetness Day 9:00
National Chicken & Waffles Day 9:00	National Apple Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 MUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 DINNER	National Color Day 9:00 ♥ Morning Exercise & Hydration 9:30 ♣ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ♣ Sing Along! 1:00 ∄ MUSIC THERAPY 1:30 ♥ ARTS & CRAFTS 1:30 ➡ Halia Holoholo Ride 2:25 ♣ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❖ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Horror Movie Day 9:00 ♥ Morning Exercise & Hydration 9:30 ♥ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ♥ Sing Along! 1:00 爰 MUSIC THERAPY 1:30 ● ARTS & CRAFTS 2:25 ♥ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❖ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Food Day 9:00 ♥ Morning Exercise & Hydration 9:30 ❖ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ♦ COGNIFIT! 11:00 Bathroom & Wash Up Lunch Seating 12:30 ❖ Sing Along! 1:00 ∄ MUSIC THERAPY 1:30 ● ARTS & CRAFTS 1:30 ♠ Halia Holoholo Ride 2:00 ★ BIRTHDAY BASH with Dean Hirata! [A] 2:25 ❖ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ♦ CRAFTS 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Frankenstein Day 9:00 9:00 Morning Exercise & Hydration 9:30 © Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 Sing Along! 1:00 ARTS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	National Pumpkin Day 9:00 Morning Exercise & Hydration 9:30 Current Events at The Plaza Moanalua 10:00 Outdoor Stroll 10:25 Outdoor Stroll Bathroom & Wash Up 11:15 Lunch Seating 12:30 Sing Along! 1:00 MUSIC THERAPY 1:30 ARTS & CRAFTS 2:25 HALIA OLYMPICS & HYDRATION 3:00 FRESH AIR FRIENZY (Outdoor Stroll) 3:25 CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER
Halloween Spirit Week Dress-Up: ORANGE & BLACK 9:00	9:00 ♥ Morning Exercise & Hydration 9:30 ♣ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ♣ Sing Along! 1:00 ∄ MUSIC THERAPY 1:30 ♦ ARTS & CRAFTS 2:25 ♣ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❖ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 10:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 4:30 DINNER	Halloween Spirit Week Dress-Up: DISNEY DAY 9:00 ♥ Morning Exercise & Hydration 9:30 ♥ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ❖ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ♥ Sing Along! 1:00 ∄ MUSIC THERAPY 1:30 ♥ ARTS & CRAFTS 1:30 ♠ Halia Holoholo Ride 2:25 ♥ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ❖ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	Halloween Spirit Week Dress-Up: FAMOUS CARTOONS 8:30 PERFORMANCE: Wally Brown! [A] 9:00 ♥ Morning Exercise & Hydration 9:30 ♥ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ♦ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ♦ Sing Along! 1:00 ᠕ MUSIC THERAPY 1:30 ♦ ARTS & CRAFTS 2:25 ♦ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ♦ CREATIVE HOUR & BUSY BRAIN 4:30 Dinner Seating 4:30 DINNER	9:00 ♥ Morning Exercise & Hydration 9:30 ♣ Current Events at The Plaza Moanalua 10:00 ♥ Outdoor Stroll 10:25 ♦ COGNIFIT! 11:00 Bathroom & Wash Up 11:15 Lunch Seating 12:30 ♣ Sing Along! 1:00 ♬ MUSIC THERAPY 1:30 ♠ ARTS & CRAFTS 1:30 ♠ Halia Holoholo Ride 1:30 ♠ MOVIES - Hocus Pocus! [A] 2:25 ♣ HALIA OLYMPICS & HYDRATION 3:00 ♥ FRESH AIR FRIENZY (Outdoor Stroll) 3:25 ♦ CREATIVE HOUR & BUSY BRAIN 4:00 Bathroom & Wash Up 4:15 Dinner Seating 4:30 DINNER	*All Activities Are Subject to Change*	"You may have a fresh start any moment you choose, for this thing that we call "failure" is not the falling down, but the staying down." — Mary Pickford