

October 2024 Independent and Assisted Living Monthly Activity Calendar



Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>--Van Departures-- Please meet in the lobby 15 minutes prior to all van departures</p>	<p>National Hair Day 1</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 MURDL & WORDLE [A] 1:00 🧘 Guided Meditation [A] 1:30 🧘 PAMPERING DAY - Nail Painting! [A] 2:00 🎭 K-Drama - The Business Proposal [T] 2:00 ♥ Outdoor Stroll 3:00 🎲 GAME - Jeopardy & Trivia! [A]</p>	<p>National Custodial Workers Recognition Day 2</p> <p>9:00 ♥ Morning Exercise 1 [A] 9:30 🚗 Scenic Ride - Manoa 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 MURDL & WORDLE [A] 1:00 🎨 ART - Candy Corn Painting [A] 1:30 🚗 Unescorted Errand Ride - Marukai 2:00 📖 Short Story Reading Club Introduction! 2:00 ♥ Walk the Block 3:00 🎲 BINGO [A]</p>	<p>National Techies Day 3</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🖱️ LEARNING HOUR - Advancing Technology 1:00 🧘 Guided Meditation [A] 1:30 🎨 ART - Haunted Houses! [A] 2:00 ♥ Outdoor Stroll 2:30 🎲 RESIDENT CHOICE - Card Games 3:00 🎲 GAME - Jeopardy & Trivia! [A]</p>	<p>National Taco Day 4</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 RESIDENT CHOICE - Creative Coloring 1:00 🎨 Origami Club Introduction! 2:00 ♥ Outdoor Stroll 2:00 🎤 Sing Along with Staff (Kamana & Sophia)! [A] 3:00 🎲 BINGO [A]</p>	<p>National Get Funky Day 5</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 MURDL & WORDLE [A] 1:00 🎲 GAME - Jeopardy & Trivia! [A] 1:30 🎨 ART - Draw a Haunted House! [A] 2:00 ♥ Outdoor Stroll 3:00 🎲 GAME - Hanafuda!</p>
<p>National Noodle Day 6</p> <p>7:30 🚗 Church Services - Bus Drop-Offs 9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 Card Making Club! [A] 11:00 📖 Word of Life: Christian Online Service [T] 1:00 🧘 Guided Meditation [A] 1:30 🎨 ART - Learn to Draw! [A] 2:00 ♥ Outdoor Stroll 3:00 🎲 CASINO HOUR - Blackjack! [A]</p>	<p>National Chocolate Covered Pretzel Day 7</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 GAME - Wheel of Fortune! [A] 1:00 🎲 MONDAY MAHJONG! [A] 1:30 🚗 Unescorted Errand Ride - Longs or Safeway 2:00 ♥ Outdoor Stroll 3:00 🎲 BINGO [A]</p>	<p>National Hero Day 8</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 RESIDENT CHOICE - Creative Coloring [A] 1:00 🧘 Guided Meditation [A] 1:30 🎨 ART - Clay Pumpkin Coasters! [A] 2:00 🎭 K-Drama - The Business Proposal [T] 2:00 ♥ Outdoor Stroll 3:00 🎲 GAME - Jeopardy & Trivia! [A]</p>	<p>National Moldy Cheese Day 9</p> <p>9:00 ♥ Morning Exercise 1 [A] 9:30 🚗 Scenic Ride - Kaimuki 10:00 🎭 PERFORMANCE - Roy Hamada! 11:00 🎲 Card Making Club! [A] 1:00 🎨 ART - Popsicle Stick Spiderwebs! [A] 1:30 🚗 Unescorted Errand Ride - Marukai 2:00 📖 Short Story Reading Club! 2:00 ♥ Walk the Block 3:00 🎲 BINGO [A]</p>	<p>National Cake Decorating Day 10</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 MURDL & WORDLE [A] 1:00 🖱️ LEARNING HOUR - Cake Decorating! [A] 1:30 🎨 ART - Decorate a Mini Cake! [A] 2:00 ♥ Outdoor Stroll 2:30 🎲 RESIDENT CHOICE - Card Games 3:00 🎲 GAME - Jeopardy & Trivia! [A]</p>	<p>National Sausage Pizza Day 11</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 RESIDENT CHOICE - Creative Coloring [A] 1:00 🎨 Origami Club! [A] 2:00 🎲 GAMES - Halloween Trivia! [A] 2:00 ♥ Outdoor Stroll 3:00 🎲 BINGO [A]</p>
<p>Breast Cancer Awareness Day 13</p> <p>7:30 🚗 Church Services - Bus Drop-Offs 9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 Card Making Club! [A] 11:00 📖 Word of Life: Christian Online Service [T] 1:00 🧘 Guided Meditation [A] 1:30 🖱️ LEARNING HOUR - Women's Health [A] 1:30 🚗 Unescorted Errand Ride - Longs or Safeway 2:00 ♥ Outdoor Stroll 3:00 🎲 CASINO HOUR - Blackjack! [A]</p>	<p>National Dessert Day 14</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 GAME - Wheel of Fortune! [A] 1:00 🎲 MONDAY MAHJONG! [A] 1:30 🚗 Unescorted Errand Ride - Longs or Safeway 2:00 🎲 Card Making Club! [A] 2:00 ♥ Outdoor Stroll 3:00 🎲 BINGO [A]</p>	<p>"I Love Lucy" Day 15</p> <p>I Love Lucy Re-Reun Marathon! [A]</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 🎭 PERFORMANCE - Hank the Singing Dutchman! [A] 1:00 🎲 GAME - Jeopardy & Trivia! [A] 1:30 🧘 Guided Meditation [A] 2:00 🎭 K-Drama - The Business Proposal [T] 2:00 ♥ Outdoor Stroll 2:00 🗳️ RESIDENT COUNCIL [A] 3:00 🧘 PAMPERING DAY - Nail Painting! [A]</p>	<p>National Sports Day 16</p> <p>9:00 ♥ Morning Walk! 9:30 🏠 FLU + COVID Vaccination Clinic [A] 9:30 🚗 Scenic Ride - Kaneohe 9:45 🏠 PLAZA LIFE - Fitness Evaluation [T] 10:00 ♥ Morning Walk! 1:00 🎨 ART - Skeleton Chains! [A] 1:30 🚗 Unescorted Errand Ride - Palama Market 2:00 📖 Short Story Reading Club! 2:00 ♥ Walk the Block 3:00 🎲 BINGO [A]</p>	<p>National Pasta Day 17</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 RESIDENT CHOICE - Creative Coloring [A] 1:00 🧘 Guided Meditation [A] 1:30 🎨 ART - Halloween Pasta Art [A] 2:00 ♥ Outdoor Stroll 2:30 🎲 RESIDENT CHOICE - Card Games 3:00 🎲 GAME - Jeopardy & Trivia! [A]</p>	<p>National Chocolate Cupcake Day 18</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 MURDL & WORDLE [A] 1:00 🎨 Origami Club! [A] 2:00 ♥ Outdoor Stroll 2:00 🎤 Sing Along with Staff (Kamana & Sophia)! [A] 3:00 🎲 BINGO [A]</p>
<p>National Chicken & Waffles Day 20</p> <p>7:30 🚗 Church Services - Bus Drop-Offs 9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 Card Making Club! [A] 11:00 📖 Word of Life: Christian Online Service [T] 1:00 🧘 Guided Meditation [A] 1:30 🎨 ART - Popsicle Stick Turtles [A] 2:00 ♥ Outdoor Stroll 3:00 🎲 CASINO HOUR - Blackjack! [A]</p>	<p>National Apple Day 21</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 GAME - Wheel of Fortune! [A] 1:00 🎲 MONDAY MAHJONG! [A] 1:30 🚗 Unescorted Errand Ride - Longs or Safeway 2:00 🎲 GAME - Appleball! [A] 2:00 ♥ Outdoor Stroll 3:00 🎲 BINGO [A]</p>	<p>National Color Day 22</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 RESIDENT CHOICE - Creative Coloring 1:00 🧘 Guided Meditation [A] 1:30 🎨 ART - Pumpkin Man Masks! [A] 2:00 🎭 K-Drama - The Business Proposal [T] 2:00 ♥ Outdoor Stroll 3:00 🎲 GAME - Jeopardy & Trivia! [A]</p>	<p>National Horror Movie Day 23</p> <p>9:00 ♥ Morning Exercise 1 [A] 9:30 🚗 Scenic Ride - Koolina 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 Card Making Club! [A] 11:30 🎨 Kau Kau Club! [A] 1:30 🚗 Unescorted Errand Ride - Waimalu Shopping Center 2:00 📖 Short Story Reading Club! 2:00 ♥ Walk the Block 3:00 🎲 BINGO [A]</p>	<p>National Food Day 24</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 MURDL & WORDLE [A] 1:00 🧘 Guided Meditation [A] 2:00 🌟 BIRTHDAY BASH with Dean Hirata! [A] 2:00 ♥ Outdoor Stroll 3:00 🎲 GAME - Jeopardy & Trivia! [A]</p>	<p>National Frankenstein Day 25</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🖱️ LEARNING HOUR - History of Frankenstein [A] 1:00 🎨 Origami Club! [A] 2:00 🎲 GAME - Nerf Pumpkin Shoot! [A] 2:00 ♥ Outdoor Stroll 3:00 🎲 BINGO [A]</p>
<p>Halloween Spirit Week Dress-Up: ORANGE & BLACK 27</p> <p>7:30 🚗 Church Services - Bus Drop-Offs 9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 Card Making Club! [A] 11:00 📖 Word of Life: Christian Online Service [T] 1:00 🧘 Guided Meditation [A] 1:30 🚗 Unescorted Errand Ride - H-Mart/Don Quixote 2:00 ♥ Outdoor Stroll 2:30 🎨 Family Event Decorating! [A] & [T] 4:30 🌟 FAMILY EVENT: Bring your Family to Trick or Treat at The Plaza!</p>	<p>Halloween Spirit Week Dress-Up: ANIMAL PRINT 28</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 GAME - Wheel of Fortune! [A] 1:00 🎲 MONDAY MAHJONG! [A] 1:30 🚗 Unescorted Errand Ride - Longs or Safeway 2:00 ♥ Outdoor Stroll 3:00 🎲 BINGO [A]</p>	<p>Halloween Spirit Week Dress-Up: DISNEY DAY 29</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 MURDL & WORDLE [A] 1:00 🧘 Guided Meditation [A] 1:30 🎨 ART - Yarn Ghosts! [A] 2:00 🎭 K-Drama - The Business Proposal [T] 2:00 ♥ Outdoor Stroll 3:00 🎲 GAME - Jeopardy & Trivia! [A]</p>	<p>Halloween Spirit Week Dress-Up: FAMOUS CARTOONS 30</p> <p>1:00 🎨 ART - Halloween Headbands! [A] 8:30 🎭 PERFORMANCE: Wally Brown! [A] 9:00 ♥ Morning Exercise 1 [A] 9:30 🚗 Scenic Ride - Ala Moana & Waikiki 11:00 🎲 Card Making Club! [A] 1:30 🚗 Unescorted Errand Ride - Marukai 2:00 📖 Short Story Reading Club! 2:00 ♥ Walk the Block 3:00 🎲 BINGO [A]</p>	<p>HAPPY HALLOWEEN!! 31</p> <p>Halloween Spirit Week Dress-Up: HALLOWEEN COSTUME</p> <p>9:00 ♥ Morning Exercise 1 [A] 10:00 ♥ Morning Exercise 2 [A] 11:00 🎲 PUMPKIN JUDGING DAY! [A] 1:00 🧘 Guided Meditation [A] 1:30 🎭 MOVIES - Hocus Pocus! [A] 2:00 ♥ Outdoor Stroll 2:30 🎲 RESIDENT CHOICE - Card Games 3:00 🎲 GAME - Jeopardy & Trivia! [A]</p>	<p>🎨 Art 🎭 Entertainment 🚗 Excursions 🎲 Games 🌟 Group Activity 🖱️ Learning Hour ♥ Physical 📖 Religious 🌟 Resident Project 🌟 Special Events</p> <p>[A] Activity Room [T] Theater Room [B] Bistro [S] Sunroom</p>