

SEPTEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Movie: Residents Choice (MR) 2:00 - Plaza Casino: Blackjack (A) 3:00 - Wii: Bowling (MR) National Forgiveness Day</p>	<p>2. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: Greater (MR) 3:30 - I Should've Known That Trivia Game (A) Labor Day</p>	<p>3. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Resident Council (A) 10:20 - Nickel Bingo (A) 11:00 - Bible Study with Gene and Laurent (MR) 1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) 2:00 - Tea Time Tuesday (A) 2:30 - Outdoor Stroll Walking Club (A) 2:30 - Errand Run (U) 3:00 - Seated Whole Body Exercise (MR) 3:00 - Who Knows Geography Better Game (A) 3:30 - Hanafuda (A) National Cinema Day</p>	<p>4. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) 11:15 - Kau Kau Club: Honolulu Kitchen (S) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Arts & Crafts (A) 3:00 - Gorgeous Grams Nail Painting (A) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) National Macadamia Nut Day</p>	<p>5. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Bingo (A) 10:00 - Senior Moments (A) 1:00 - Holoholo: Liliha Bakery (U) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) National Cheese Pizza Day</p>	<p>6. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Music Performance with Glenn and Dave (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Brain Buster Puzzle Packs (FD) 3:00 - Friday Matinee Movie (MR) National Read A Book Day</p>	<p>7. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Music with Michael (A) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Zumba with Annette (A) 3:00 - 500 Trivia Questions Game (A) 3:30 - Hanafuda (A) National Beer Lovers Day</p>
<p>8. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 12:45 - Scenic: Ho'omaluhia Garden (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Movie: Residents Choice (MR) 2:00 - Musikgarten Performance (A) 2:30 - Errand Run (U) 3:00 - Wii: The Price is Right (MR) National Grandparents Day</p>	<p>9. 8:15 - Exercise (MR) 9:00 - Hydration Recharge (MR) 9:00 - Shopping: Safeway Waikale (U) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Crafting with Linda (A) 11:45 - Scenic: Ho'omaluhia Garden (S) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: Hustle (MR) 3:30 - Old Wives Tale Game (A) Decades Dress Up Day</p>	<p>10. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Hawaii Dance Bomb Silent Disco (A) 10:20 - Nickel Bingo (A) 11:00 - Bible Study with Gene and Laurent (MR) 1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) 2:00 - Tea Time Tuesday (A) 2:30 - Outdoor Stroll Walking Club (A) 2:30 - Errand Run (U) 3:00 - Seated Whole Body Exercise (MR) 3:00 - OK Boomer Trivia Game (A) 3:30 - Hanafuda (A) Tye Dye Dress Up Day</p>	<p>11. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Joyful Ohana Performance (A) 11:15 - Kau Kau Club: Zippy's (S) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Arts & Crafts (A) 3:00 - Gorgeous Grams Nail Painting (A) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) Western Cowboy Dress Up Day</p>	<p>12. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 9:30 - Karaoke Gang (A) 10:50 - Japanese Speaking Bible Study with Keiko (MR) 1:00 - Holoholo: Nagoya Bakery (U) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) Sports Jersey Dress Up Day</p>	<p>13. 8:15 - Exercise (MR) 9:00 - Hydration Recharge (MR) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Kupuna Mele (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Bingo (MR) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Ball Drumming Jazzercise with Danicah (A) Aloha Attire Dress Up Day</p>	<p>14. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Cooking Corner: Temaki (A) 1:00 - UH Football at Sam Houston (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Strength and Balance Fuzion Fitness with Daniel (A) 3:00 - Hangman Word Game (A) 3:30 - Hanafuda (A) National Live Creative Day</p>
<p>15. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 12:45 - Scenic: Kaena Point (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Movie: Residents Choice (MR) 2:00 - Plaza Casino: Blackjack (A) 2:30 - Errand Run (U) 3:00 - Wii: Sports (MR) National Double Cheeseburger Day</p>	<p>16. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:00 - Shopping: Ben Franklin (U) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Body & Brain Yoga with Karen (A) 11:45 - Scenic: Kaena Point (S) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: Mortal Combat (MR) 3:30 - Guess in 10 Trivia Game (A) National Play Doh Day</p>	<p>17. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Piano Performance with Roy (A) 11:00 - Bible Study with Gene and Laurent (MR) 1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) 2:00 - Ice Cream Soda Floats (A) 2:30 - Outdoor Stroll Walking Club (L) 2:30 - Errand Run (U) 3:00 - Seated Whole Body Exercise (MR) 3:00 - Who Knows Geography Better Game (A) 3:30 - Hanafuda (A) National Professionals House Cleaner Day</p>	<p>18. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Music with Mike Kahue (A) 11:15 - Kau Kau Club: Pearridge Food Court (S) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Arts & Crafts (A) 3:00 - Gorgeous Grams Nail Painting (A) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) Air Force Birthday</p>	<p>19. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Mellow Friends Karaoke Group (A) 1:00 - Holoholo: Cookie Corner Mililani (U) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) National Talk Like A Pirate Day</p>	<p>20. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Music with Dean (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Bingo (MR) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Ball Drumming Jazzercise with Danicah (A) National Pepperoni Pizza Day</p>	<p>21. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Zumba with Annette (A) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Nickel Bingo (A) 3:00 - Fuzion Fitness Seated Zumba (MR) 3:00 - 500 Trivia Questions Game (A) 3:30 - Hanafuda (A) 5:15 - UH Football vs. Northern Iowa (MR) National Clean Up Day</p>
<p>22. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 12:45 - Scenic: Tantalus (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Movie: Residents Choice (MR) 2:00 - Plaza Casino: Blackjack (A) 2:30 - Errand Run (U) 3:00 - Wii: Wheel of Fortune (MR) National States and Capitals Day</p>	<p>23. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:00 - Shopping: Target Salt Lake (U) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) 11:45 - Scenic: Tantalus (S) 1:00 - Word Search Hour (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: The Out Laws (MR) 3:30 - I Should've Known That Trivia Game (A) National Great American Pot Pie Day</p>	<p>24. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Bible Study with Gene and Laurent (MR) 1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) 2:00 - Tea Time Tuesday (A) 2:30 - Outdoor Stroll Walking Club (L) 2:30 - Errand Run (U) 3:00 - Seated Whole Body Exercise (MR) 3:00 - OK Boomer Trivia Game (A) 3:30 - Hanafuda (A) National Punctuation Day</p>	<p>25. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Hank the Singing Dutchman (A) 11:15 - Kau Kau Club: Waimalu Chop Suey (S) 1:00 - Creative Coloring (MR) 1:30 - Aromatherapy Hand Massage (MR) 2:00 - Olaloa Jammers (A) 3:00 - Gorgeous Grams Nail Painting (A) 3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR) National Daughters Day</p>	<p>26. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 1:00 - Holoholo: Kilani Bakery (U) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Crafting with Kristia (A) 2:30 - Errand Run (U) 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) National Pancake Day</p>	<p>27. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) 10:00 - Inspirational Music with Wally (A) 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Bingo (MR) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Ball Drumming Jazzercise with Danicah (A) National Crush A Can Day</p>	<p>28. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Mrs. Hawaii United States and her K9 Friends (A) 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Plaza Casino: Blackjack (A) 3:00 - New Horizon Chair Exercises (MR) 3:00 - History Channel Trivia Game (A) 3:30 - Hanafuda (A) National Good Neighbor Day</p>
<p>29. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) 11:00 - Pet Therapy with Chibi and Wicket (A) 11:00 - Word of Life Christian Online Service (MR) 12:45 - Scenic: Royal Summit (S) 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Movie: Residents Choice (MR) 2:00 - Plaza Casino: Blackjack (A) 2:30 - Errand Run (U) 3:00 - Wii: Bowling (MR) National VFW Day</p>	<p>30. 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:00 - Shopping: Ross Kapolei (U) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Body & Brain Tai Chi with Karen (A) 11:45 - Scenic: Royal Summit (S) 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: Enola Holmes (MR) 3:30 - Old Wives Tale Trivia Game (A) National Love People Day</p>	 <p>Inspiring GENERATIONS NATIONAL ASSISTED LIVING WEEK® - SEP 8-14, 2024</p>	 <p>HAPPY LABOR DAY!</p>	 <p>HAPPY NATIONAL HOUSEKEEPING WEEK!</p>	<p>Van Departures Please meet in the lobby 15 minutes prior to all van departures.</p>	<p>KEY A – Activity Room MR – Media Room GR – Game Room FD – Front Desk B – Bistro S – Supervised U – Unsupervised</p>

We hope you will join us for these activities! Please speak with your activities assistant or the Activity Director if you have suggestions, comments, or questions about activities. Please note that all activities and times are subject to change.