

DECEMBER 2024

Halia

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY		
<p>1. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 11:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Pet Therapy with Chibi and Wicket</p> <p>12:30 – Lunch 1:30 – Pie Trivia 2:00 – Sing-Along with Susie Q 2:00 – Courtyard Cruising (C) 1:00 – Aromatherapy Hand Massage (C) 3:00 – Mini Golf 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Pie Day</p>	<p>2. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 11:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo</p> <p>12:30 – Lunch 1:30 – Walt Disney Trivia 2:00 – Sensory Shenanigans 2:00 – Movie</p> <p>2:15 – Van Ride 3:30 – Bracelet Beading 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Walt Disney Day</p>	<p>3. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Collage Creations</p> <p>12:30 – Lunch 1:30 – December Trivia 2:00 – Sing-Along with Susie Q 2:00 – Tea Time in the Courtyard (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Make A Gift Day</p>	<p>4. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Elvis Presley Concert 10:00 – Hank the Singing Dutchman (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Santa Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show</p> <p>2:00 – Van Ride 3:00 – Craft: Paper Gingerbread Man 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Santa's List Day</p>	<p>5. 8:30 – Breakfast 9:30 – Cognifit 10:00 – The Rat Pack Concert 10:00 – Senior Moments (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Jeans Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Blue Jeans Day</p>	<p>6. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Ray Charles Concert 10:00 – Music with Pono (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Microwave Trivia 2:00 – Movie: The Christmas Chronicles 2:30 – Hidden Pictures 3:00 – Sing-Along with Susie Q 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Microwave Day</p>	<p>7. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Perry Como Concert 10:00 – Swen the Magician (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Pearl Harbor Trivia 2:00 – Saturday Matinee Movie 2:00 – Zumba with Annette (A) 3:00 – Hangman Word Game 3:30 – Hidden Pictures 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Pearl Harbor Remembrance Day</p>		
<p>8. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi and Wicket</p> <p>12:30 – Lunch 1:30 – Singing Trivia 2:00 – Sing-Along with Susie Q 2:00 – Courtyard Cruising (C) 1:00 – Aromatherapy Hand Massage (C) 3:00 – Bean Bag Toss 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>World Choral Day</p>	<p>9. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Frank Sinatra Concert 10:00 – Crafting with Linda (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 2:00 – Sensory Shenanigans 2:00 – Englebert Humperdinck Concert</p> <p>2:15 – Van Ride 3:30 – Matinee Movie 5:30 – Dinner</p> <p>National Pastry Day</p>	<p>10. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – Hawaii Dance Bomb Silent Disco</p> <p>12:30 – Lunch 2:00 – Sing-Along with Susie Q 3:00 – Matinee Movie 5:30 – Dinner</p> <p>National Lager Day</p>	<p>11. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Hangman Word Game</p> <p>12:30 – Lunch 1:30 – Stretching Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show</p> <p>2:00 – Olaloa Jammers (A) 3:00 – Craft: Paper Plate Snowman 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Stretching Day</p>	<p>12. 8:30 – Breakfast 9:30 – Cognifit 9:30 – The Rat Pack Concert 9:30 – Karaoke Gang (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Gingerbread Trivia 2:00 – Sing-Along with Susie Q 2:00 – Crafting with Kristia (A) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Gingerbread House Day</p>	<p>13. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Ray Charles Concert 10:00 – Music with Pono (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Cocoa Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Music with Dean (A) 3:00 – Battle Bags Toss 3:30 – Music Mania! 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Cocoa Day</p>	<p>14. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Perry Como Concert 10:00 – Music with Michael (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Gingerbread Trivia 2:00 – Saturday Matinee Movie 2:00 – Strength and Balance Fusion Fitness with Daniel (A) 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Gingerbread Decorating Day</p>		
<p>15. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sing-Along with Susie Q 10:00 – Zumba with Annette 11:00 – What's on the Menu? 11:30 – Pet Therapy with Chibi and Wicket</p> <p>12:30 – Lunch 1:30 – Cupcake Trivia 2:00 – Sing-Along with Susie Q 2:00 – K9 Friends Performance (A) 3:00 – Basketball 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Cupcake Day</p>	<p>16. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 11:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo</p> <p>12:30 – Lunch 1:30 – Chocolate Trivia 2:00 – Sensory Shenanigans 2:00 – Movie</p> <p>2:15 – Van Ride 3:30 – Bracelet Beading 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Chocolate Covered Anything Day</p>	<p>17. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Dean Martin Concert 10:00 – Piano Performance with Roy (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Wright Brothers Trivia 2:00 – Sing-Along with Susie Q 2:00 – Tea Time in the Courtyard (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Wright Brothers Day</p>	<p>18. 8:30 – Breakfast 9:30 – Cognifit 9:30 – Elvis Presley Concert 10:00 – Music with Mike Kahue (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Cookies Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Courtyard Cruising (C) 3:00 – Craft: Grinch Gingerbread Man 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Bake Cookies Day</p>	<p>19. 8:30 – Breakfast 9:30 – Cognifit 10:00 – The Rat Pack Concert 10:00 – Mellow Friends Karaoke (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Oatmeal Trivia 2:00 – Sing-Along with Susie Q 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Craft: Cotton Ball Santa 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Oatmeal Muffin Day</p>	<p>20. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Ray Charles Concert 10:00 – Music Performance with David (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Ugly Sweater Trivia 2:00 – Movie: The Christmas Chronicles 2 2:00 – Hidden Pictures 3:00 – Sing-Along with Susie Q 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Ugly Sweater Day</p>	<p>21. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Perry Como Concert 10:00 – Chester and Henry Music Performance (A) 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Coquito Trivia 2:00 – Saturday Movie Matinee 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – 7th Day Adventist Choir (A) 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Coquito Day</p>		
<p>22. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi and Wicket</p> <p>12:30 – Lunch 1:30 – December Trivia 2:00 – Sing-Along with Susie Q 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Music with Dean (A) 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Ho Ho Ho Down Christmas Western Dress Up Day</p>	<p>23. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 11:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo</p> <p>12:30 – Lunch 1:30 – Snow Trivia 2:00 – Sensory Shenanigans 2:00 – Movie</p> <p>2:15 – Van Ride 3:00 – Bracelet Beading 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Feeling Frosty Day White and Silver Dress Up Day</p>	<p>24. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Collage Creations</p> <p>12:30 – Lunch 1:30 – Reindeer Trivia 2:00 – Sing-Along with Susie Q 2:00 – Tea Time in the Courtyard (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Christmas Eve Tree Topper Christmas Hat Dress Up Day</p>	<p>25. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Christmas Bingo</p> <p>12:30 – Lunch 1:30 – Christmas Trivia 2:00 – Sensory Shenanigans 2:00 – Wheel of Fortune Game Show 2:00 – Courtyard Cruising (C) 3:00 – Craft: Paper Plate Snow Globe 4:30 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Christmas Day Santa's Helpers Green and Red Dress Up Day</p>	<p>26. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo</p> <p>12:30 – Lunch 1:30 – Candy Cane Trivia 2:00 – Sing-Along with Susie Q 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 3:00 – Gorgeous Grams Nail Painting 3:00 – Creative Coloring 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Candy Cane Day Red and White Dress Up Day</p>	<p>27. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Ray Charles Concert 10:00 – Inspirational Music with Wally A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Fruitcake Trivia 2:00 – Englebert Humperdinck Sing-Along 2:00 – Courtyard Cruising (C) 2:00 – Aromatherapy Hand Massage (C) 2:00 – Popsicles (C) 3:00 – Craft: Santa's Little Elf 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Fruitcake Day</p>	<p>28. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Perry Como Concert 10:00 – Music with Michael (A) 11:00 – Exercise 11:45 – Water & Bathroom Break 12:00 – What's on the Menu?</p> <p>12:30 – Lunch 1:30 – Cards Trivia 2:00 – Saturday Movie Matinee 2:00 – Holiday Activities with Grace and Friends (A) 3:30 – Swatter Balloon Volleyball 3:00 – Hidden Pictures 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Card Playing Day</p>		
<p>29. 8:30 – Breakfast 9:30 – Cognifit 10:00 – Sensory Shenanigans 10:00 – Movie 10:00 – Van Ride 11:30 – Pet Therapy with Chibi and Wicket</p> <p>12:30 – Lunch 1:30 – Clock Trivia 2:00 – Sing-Along with Susie Q 2:00 – Breaks4Kidz Dancing (A) 3:00 – Target Mini Golf 3:30 – Word Search 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>Tick Tock Day</p>	<p>30. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 11:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Bingo</p> <p>12:30 – Lunch 1:30 – Bacon Trivia 2:00 – Sensory Shenanigans 2:00 – Movie</p> <p>2:15 – Van Ride 3:00 – Bracelet Beading 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>National Bacon Day</p>	<p>31. 8:30 – Breakfast 9:30 – Cognifit 9:50 – Mindfulness Breathing 10:00 – Exercise 10:45 – Water & Bathroom Break 11:00 – What's on the Menu? 11:30 – Collage Creations</p> <p>12:30 – Lunch 1:30 – New Year's Eve Trivia 2:00 – Sing-Along with Susie Q 2:00 – Tea Time in the Courtyard (C) 3:00 – Plaza Casino: Blackjack 4:00 – Exercise 4:45 – Water & Bathroom Break 5:30 – Dinner</p> <p>New Year's Eve</p>					<p>Van Departures Please meet in the lobby 15 minutes prior to all van departures.</p>	<p>KEY C – Courtyard A – Activity Room L – Lobby</p>

We hope you will join us for these activities! Please speak with your activities assistant or the Activity Director if you have suggestions, comments, or questions about activities. Please note that all activities and times are subject to change.