

# DECEMBER 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p><b>1.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) <b>11:00 - Pet Therapy with Chibi and Wicket (A)</b> <b>11:00 - Word of Life Christian Online Service (MR)</b></p> <p>1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Documentary: History 101 Ep 1 (MR) 2:00 - Plaza Casino: Blackjack (A) 3:00 - Wii: The Price is Right (MR) <b>National Pie Day</b></p>	<p><b>2.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) <b>9:00 - Shopping: Seafood City (U)</b> 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) <b>11:45 - Scenic: Nanakuli Valley (S)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: The Christmas Chronicles (MR) 3:30 - Old Wives Tale Game (A) <b>Walt Disney Day</b></p>	<p><b>3.</b> 8:30 - Word Search Hour (FD) <b>9:00 - Leilehua High Schol Holiday Craft (S)</b> 9:00 - Matinee Movie (MR) <b>11:00 - Bible Study with Gene and Laurent (MR)</b></p> <p>1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) <b>2:00 - Resident Council (A)</b> 2:30 - Outdoor Stroll Walking Club (A) <b>2:30 - Errand Run (U)</b> 3:00 - Seated Whole Body Exercise (MR) 3:00 - Who Knows Geography Better Game (A) 3:30 - Hanafuda (A) <b>Make A Gift Day</b></p>	<p><b>4.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Hank the Singing Dutchman (A)</b> <b>11:15 - Kau Kau Club: Pearlridge Food Court (S)</b> 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Craft: Popsicle Stick Snowman Ornament (A)</b> 3:00 - Gorgeous Grams Nail Painting (A) <b>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</b> <b>National Santa's List Day</b></p>	<p><b>5.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Senior Moments (A)</b> <b>1:00 - Holoholo: Cookie Corner Mililani (U)</b> <b>1:00 - Holiday Gift Wrapping with First Baptist Pearl City Church (MR)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Crafting with Kristia (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) <b>National Blue Jeans Day</b></p>	<p><b>6.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Music with Pono (A)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Word Search Hour (FD) 3:00 - Brain Buster Puzzle Packs (FD) <b>National Microwave Oven Day</b></p>	<p><b>7.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Swen the Magician (A)</b> <b>1:00 - Holiday Gift Wrapping with First Baptist Pearl City Church (MR)</b> 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Zumba with Annette (A)</b> 3:00 - 500 Trivia Questions Game (A) 3:30 - Hanafuda (A) <b>Pearl Harbor Remembrance Day</b></p>
<p><b>8.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) <b>11:00 - Pet Therapy with Chibi and Wicket (A)</b> <b>11:00 - Word of Life Christian Online Service (MR)</b></p> <p><b>12:45 - Scenic: Oneula Beach Park (S)</b> 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Documentary: History 101 Ep 2 (MR) 2:00 - Plaza Casino: Blackjack (A) <b>2:30 - Errand Run (U)</b> 3:00 - Wii: The Price is Right (MR) <b>World Choral Day</b></p>	<p><b>9.</b> 8:15 - Exercise (MR) 9:00 - Hydration Recharge (MR) <b>9:00 - Shopping: Ross Kapolei (U)</b> 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Crafting with Linda (A)</b> <b>11:45 - Scenic: Oneula Beach Park (S)</b> 1:00 - Word Search Hour (GR) 2:00 - Korean Drama (MR) 3:00 - Movie: The Christmas Chronicles 2 (MR) <b>National Pastry Day</b></p>	<p><b>10.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) <b>10:00 - Hawaii Dance Bomb Silent Disco (A)</b> <b>11:00 - Bible Study with Gene and Laurent (MR)</b></p> <p>1:00 - Hidden Pictures (GR) 2:00 - Japanese Drama Show (MR) <b>2:30 - Errand Run (U)</b> 3:00 - Seated Whole Body Exercise (MR) <b>National Lager Day</b></p>	<p><b>11.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) <b>10:00 - Excursion: Honolulu Hale Christmas Trees Exhibit (S)</b></p> <p>1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Olaloa Jammers (A)</b> 3:00 - Gorgeous Grams Nail Painting (A) <b>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</b> <b>National Stretching Day</b></p>	<p><b>12.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>9:30 - Karaoke Gang (A)</b> <b>1:00 - Holoholo: Wholesale Unlimited (U)</b> <b>1:00 - Holiday Gift Wrapping with First Baptist Pearl City Church (MR)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Crafting with Kristia (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) <b>National Gingerbread House Day</b></p>	<p><b>13.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Music with Pono (A)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Music with Dean (A)</b> 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Ball Drumming Jazzercise with Danicah (A) <b>National Cocoa Day</b></p>	<p><b>14.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) <b>9:00 - Holiday Gift Wrapping with First Baptist Pearl City Church (MR)</b> 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) <b>10:00 - Music with Michael (A)</b> 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) <b>2:00 - Strength and Balance Fuzion Fitness with Daniel (A)</b> <b>3:20 - Keiki Kani Choir (A)</b> <b>National Gingerbread Decorating Day</b></p>
<p><b>15.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) <b>10:00 - Zumba with Annette (A)</b> <b>11:00 - Pet Therapy with Chibi and Wicket (A)</b> <b>11:00 - Word of Life Christian Online Service (MR)</b></p> <p><b>12:45 - Scenic: Waiialua Sugar Mill (S)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Documentary: History 101 Ep 3 (MR) <b>2:00 - K9 Friends Performance (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Wii: Sports (MR) <b>National Cupcake Day</b></p>	<p><b>16.</b> 8:15 - Exercise (MR) 9:00 - Hydration Recharge (MR) <b>9:00 - Shopping: DonPen Times Kunia (U)</b> 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) <b>11:45 - Scenic: Waiialua Sugar Mill (S)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: Hot Frosty (MR) 3:30 - Guess in 10 Trivia Game (A) <b>National Chocolate Covered Anything Day</b></p>	<p><b>17.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Piano Performance with Roy (A)</b> <b>11:00 - Bible Study with Gene and Laurent (MR)</b></p> <p>1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) <b>2:00 - Hi'iaka Dental Studio Info Session (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Seated Whole Body Exercise (MR) 3:00 - Who Knows Geography Better Game (A) 3:30 - Hanafuda (A) <b>7:00 - Scenic: Honolulu City Lights Night Tour (S)</b> <b>Wright Brothers Day</b></p>	<p><b>18.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Music with Mike Kahue (A)</b> <b>11:15 - Kau Kau Club: Koala Moa Chicken (S)</b> 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Craft: Mason Jar Lid Ornaments (A)</b> 3:00 - Gorgeous Grams Nail Painting (A) <b>3:00 - Praise and Bible Study with First Baptist Pearl City Church (MR)</b> <b>7:00 - Scenic: Honolulu City Lights Night Tour (S)</b> <b>National Bake Cookies Day</b></p>	<p><b>19.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Mellow Friends Karaoke Group (A)</b> <b>10:50 - Japanese Speaking Bible Study, Christmas Carols and Hula with Keiko (B)</b> <b>1:00 - Holoholo: Leonard's Malasadas (U)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Bracelet Beading (A) <b>2:30 - Errand Run (U)</b> 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) <b>National Oatmeal Muffin Day</b></p>	<p><b>20.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Music with David (A)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Word Search Hour (FD) 3:00 - Brain Buster Puzzle Packs (FD) <b>6:30 - Pearl City Community Choir (B)</b> <b>National Ugly Sweater Day</b></p>	<p><b>21.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Chester and Henry Music Performance (A)</b> <b>10:00 - Let's Talk Story Coffee Hour with Feed The Need (B)</b> 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Nickel Bingo (A) 3:00 - New Horizon Chair Exercises (MR) <b>3:00 - 7th Day Adventist Choir (A)</b> 3:30 - Hangman Word Game (A) <b>National Coquito Day</b></p>
<p><b>22.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) <b>11:00 - Pet Therapy with Chibi and Wicket (A)</b> <b>11:00 - Word of Life Christian Online Service (MR)</b></p> <p><b>12:45 - Scenic: Kaneohe Bay (S)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Documentary: History 101 Ep 4 (MR) 2:00 - Plaza Casino: Blackjack (A) <b>2:30 - Errand Run (U)</b> <b>3:00 - Music with Dean (MR)</b> <b>Ho Ho Ho Down Christmas Western Dress Up Day</b></p>	<p><b>23.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) <b>9:00 - Shopping: Marukai (U)</b> 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) <b>10:45 - Praise and Bible Study with First Baptist Pearl City Church (MR)</b> <b>11:45 - Scenic: Kaneohe Bay (S)</b> 1:00 - Word Search Hour (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: Haul Out The Holly (MR) 3:30 - Old Wives Tale Trivia Game (A) <b>Feeling Frosty Day</b> <b>White and Silver Dress Up Day</b></p>	<p><b>24.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) <b>11:00 - Bible Study with Gene and Laurent (MR)</b></p> <p>1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) <b>2:00 - Grinch Sorbet Floats (A)</b> 2:30 - Outdoor Stroll Walking Club (L) <b>2:30 - Errand Run (U)</b> 3:00 - Seated Whole Body Exercise (MR) 3:00 - Stuff You Should Know Trivia (A) 3:30 - Hanafuda (A) <b>Christmas Eve</b> <b>Tree Topper Christmas Hat Dress Up</b></p>	<p><b>25.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) <b>10:00 - Christmas Bingo (A)</b></p> <p>1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Craft: Christmas Cookie Decorating (A)</b> 3:00 - Gorgeous Grams Nail Painting (A) <b>Christmas Day</b> <b>Santa's Helpers Green and Red Dress Up Day</b></p>	<p><b>26.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) <b>1:00 - Holoholo: Brug Bakery (U)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Bracelet Beading (A) <b>2:30 - Errand Run (U)</b> 3:00 - Chair Yoga Dance Exercise (MR) 3:00 - Plaza Casino: Blackjack (A) <b>National Candy Cane Day</b> <b>Red and White Dress Up Day</b></p>	<p><b>27.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Inspirational Music with Wally (A)</b> 1:00 - Hidden Pictures (GR) 1:30 - Aromatherapy Hand Massage (GR) 2:00 - Bingo (MR) 3:00 - Brain Buster Puzzle Packs (FD) 3:00 - Ball Drumming Jazzercise with Danicah (A) <b>National Fruitcake Day</b></p>	<p><b>28.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (MR) 9:50 - Hydration Recharge (MR) <b>10:00 - Music with Michael (A)</b> 1:00 - Guided Meditation (MR) 1:00 - Creative Coloring (A) 1:30 - Aromatherapy Hand Massage (A) <b>2:00 - Holiday Activities with Grace and Friends (A)</b> 3:00 - Fuzion Fitness Seated Zumba (MR) 3:00 - Hangman Word Game (A) 3:30 - Hanafuda (A) <b>National Card Playing Day</b></p>
<p><b>29.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) <b>11:00 - Pet Therapy with Chibi and Wicket (A)</b> <b>11:00 - Word of Life Christian Online Service (MR)</b></p> <p><b>12:45 - Scenic: Waikiki (S)</b> 1:00 - Hidden Pictures (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Documentary: History 101 Ep 5 (MR) <b>2:00 - Breaks4Kidz Dancing (A)</b> <b>2:30 - Errand Run (U)</b> 3:00 - Bowling (MR) <b>Tick Tock Day</b></p>	<p><b>30.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) <b>9:00 - Shopping: H-Mart (U)</b> 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Bingo (A) <b>10:45 - Praise and Bible Study with First Baptist Pearl City Church (MR)</b> <b>11:45 - Scenic: Waikiki (S)</b> 1:00 - Word Search Hour (A) 1:30 - Aromatherapy Hand Massage (A) 2:00 - Korean Drama (MR) 2:00 - Bracelet Beading (A) 3:00 - Book Club Reading with CeCe (A) 3:00 - Movie: Jingle Jangle (MR) 3:30 - I Should've Known That Trivia Game (A) <b>National Bacon Day</b></p>	<p><b>31.</b> 8:15 - Exercise (A) 9:00 - Hydration Recharge (A) 9:05 - Exercise (A) 9:50 - Hydration Recharge (A) 10:00 - Nickel Bingo (A) <b>11:00 - Bible Study with Gene and Laurent (MR)</b></p> <p>1:00 - Hidden Pictures (A) 2:00 - Japanese Drama Show (MR) 2:00 - Tea Time Tuesday (A) 2:30 - Outdoor Stroll Walking Club (L) <b>2:30 - Errand Run (U)</b> 3:00 - Seated Whole Body Exercise (MR) 3:00 - Who Knows Geography Better Game (A) 3:30 - Hanafuda (A) <b>New Year's Eve</b></p>			<p><b>Van Departures</b> Please meet in the lobby 15 minutes prior to all van departures.</p>	<p><b>KEY</b> A – Activity Room MR – Media Room GR – Game Room FD – Front Desk B – Bistro S – Supervised U – Unsupervised</p>

We hope you will join us for these activities! Please speak with your activities assistant or the Activity Director if you have suggestions, comments, or questions about activities. Please note that all activities and times are subject to change.