Independent and Assisted Living Monthly Activity Calendar



Sunday Monday Tuesday Art Thursdav

Friday

Saturday



--Van Departures--Please meet in the lobby 15 minutes prior to all van departures

[A] Activity Room [T] Theater Room [B] Bistro [S] Sunroom

Entertainment Excursions

Games

Group Activity

✔ Learning Hour 양 Medical

Mindfulness

➡ Physical Religious

Resident Clubs ☆ Special Events

month's Special Events with Concierge

Please sign up for this *All activities are subject to change without notice*

9:00 •• Seated Strength Circuit [A]

9:00 🍪 Wii Sports!

0:00 ← Seated Strength Circuit [A] 11:00 👺 INDEPENDENT ACTIVITIES + RESIDENT CLUBS

11:00 ₩ Walking Club

1:00 Trivia Crack & Games! [A]

1:30 DOCUMENTARY - Expedition Files Ep.1

2:00 REALITY TV - 90 Day Fiancé (MAX)

2:30 @ CHIT CHATTERS HOUR + Word Puzzles [A] 3:00 TV SERIES - Nancy Drew (Max)

1:00 NINDEPENDENT ACTIVITIES + RESIDENT

1:00 SARTS & CRAFTS - Make Your Own Kite

2:30 @ CHIT CHATTERS HOUR + Word Puzzles [A]

1:00 TINDEPENDENT ACTIVITIES + RESIDENT

1:30 DOCUMENTARY - Expedition Files Ep.3

1:30 DOCUMENTARY - Expedition Files Ep.2

2:00 REALITY TV - 90 Day Fiancé (MAX)

3:00 TV SERIES - Nancy Drew (Max)

3:30 @ GAME ON - Card/Board Games

Gumdrop Day

9:00 ■ Seated Strength Circuit [A]

10:00 •• Seated Strength Circuit [A]

1:00 Trivia Crack & Games! [A]

3:30 @ GAME ON - Card/Board Games

Kite Flying Day

9:00 • Seated Strength Circuit [A]

10:00 • Seated Strength Circuit [A]

9:00 🛞 Wii Sports!

1:00 😝 Walking Club

9:00 🛞 Wii Sports!

1:00 •• Walking Club

9:00 Nii Sports!

		Groundhog Day	
9:00	0-0	Seated Strength Circuit [1

9:00 🛞 Wii Sports! 10:00 → Seated Strength Circuit [A]

11:00 👺 INDEPENDENT ACTIVITIES + RESIDENT

11:00 • Walking Club

11:00 † Word of Life: Christian Online Service [T] 1:00 Trivia Crack & Games! [A]

1:30 LIVE Sunday Sports Watch! [T]

SUPERBOWL SUNDAY

9:00 → Seated Strength Circuit [A]

10:00 ■ Seated Strength Circuit [A]

9:00 @ Wii Sports!

CLUBS

11:00 • Walking Club

2:00 @ GAME ON - Card/Board Games

2:00 REALITY TV - 90 Day Fiancé (MAX) 3:00 CHIT CHATTERS HOUR on the Patio

3:00 TV SERIES - Nancy Drew (Max)

11:00 👺 INDEPENDENT ACTIVITIES + RESIDENT

11:00 † Word of Life: Christian Online Service [T]

11:30 SUPERBOWL TAILGATE PARTY! [A]

1:30 👺 SUPERBOWL SUNDAY 2025!

2:00 @ GAME ON - Card/Board Games

3:00 TV SERIES - Nancy Drew (Max)

2:00 REALITY TV - 90 Day Fiancé (MAX)

3:00 A CHIT CHATTERS HOUR on the Patio

National Missing Persons Day

9:00 → Resistance Training A [A] 9:00 @ Wii Sports!

10:00 •• Seated Strength Circuit [A]

10:30 🕶 Walking Club 1:00 W INDEPENDENT ACTIVITIES + RESIDENT CLUBS 1:00 🁺 Trivia Crack & Games! [A]

1:30 DOCUMENTARY - Black Files Declassified (MAX)

1:30 ■ LUCKY TILE MONDAYS [A]
2:00 ● REALITY TV - 90 Day Fiancé (MAX)

2:30 A CHIT CHATTERS HOUR + Word Puzzles [A]

3:00 @ NICKEL BINGO [A]

3:00 TV SERIES - Nancy Drew (Max)

Thank a Mail Carrier Day

9:00 @ Wii Sports! 10:00 •• Seated Strength A [A] 11:00 👺 INDEPENDENT ACTIVITIES + RESIDENT CLUBS

11:00 😝 Walking Club 1:00 🁺 Trivia Crack & Games! [A]

9:00 George Seated Strength A [A]

1:30 P CARD CREATIONS COLLECTIVE [A] 1:30 DOCUMENTARY - Black Files Declassified (MAX)

1:30 Unescorted Errand Ride - Longs or Safeway 2:00 K-DRAMA - Extraordinary Attorney Woo Ep. 1 (Netflix) [A

2:00 REALITY TV - 90 Day Fiancé (MAX) 3:00 TV SERIES - Nancy Drew (Max)

Make a Friend Day

7:00 & MEDICAL RUNS - West Bound & Central

1:00
CARD CREATIONS COLLECTIVE [A]

2:00 REALITY TV - 90 Day Fiancé (MAX)

3:00 TV SERIES - Nancy Drew (Max)

9:00 6-6 Seated Strength A [A]

2:00 RESIDENT COUNCIL [A]

9:00 •• Seated Strength A [A]

10:00 •• Seated Strength A [A]

1:00 & Trivia Crack & Games! [A]

9:00 @ Wii Sports!

11:00 6-6 Walking Club

9:00 🏽 Wii Sports!

11:00 🗝 Walking Club

3:30 & CHIT CHATTERS HOUR + Independent Projects [A]

10:00 PERFORMANCE - Hank the Singing Dutchman! [A]

11:00 & INDEPENDENT ACTIVITIES + RESIDENT CLUBS

1:30 DOCUMENTARY - Black Files Declassified (MAX)

2:45 K-DRAMA - Extraordinary Attorney Woo Ep. 3 (Netflix) [T]

3:30 A CHIT CHATTERS HOUR + Independent Projects [A]

1:30 📮 Unescorted Errand Ride - Longs or Safeway

Drink Wine Day

7:00 & MEDICAL RUNS - West Bound & Central

1:30 CARD CREATIONS COLLECTIVE [A]

1:30 🖨 Unescorted Errand Ride - Don Quijote

2:00 REALITY TV - 90 Day Fiancé (MAX)

3:00 TV SERIES - Nancy Drew (Max)

1:00 A INDEPENDENT ACTIVITIES + RESIDENT CLUBS

2:00 K-DRAMA - Extraordinary Attorney Woo Ep. 5 (Netflix) [A]

3:30 A CHIT CHATTERS HOUR + Independent Projects [A]

7:00 Y MEDICAL RUNS - West Bound & Central

9:00 @ Wii Sports! 9:30 💂 Scenic Ride - Pali Lookout

10:00 Seated Strength Circuit [A] 10:30 Walking Club 11:00 🗸 INDEPENDENT ACTIVITIES + RESIDENT CLUBS

Wednesday

1:00 A Trivia Crack & Games! [A] 1:30 P CANVAS OF TIME

11:00 👺 INDEPENDENT ACTIVITIES + RESIDENT CLUBS

1:00 DOCUMENTARY - Black Files Declassified (MAX)

1:30 📮 Unescorted Errand Ride - Walmart Pearl City

1:45 PERFORMANCE - Roy Hamada! [A]

2:00 REALITY TV - 90 Day Fiancé (MAX)

Chocolate Mint Day

9:00 •• Resistance Training B [A]

10:00 6-6 Seated Strength Circuit [A]

9:30 🖨 Scenic Ride - Hoonili

3:00 Drew (Max)

1:30 DOCUMENTARY - Black Files Declassified (MAX) 1:30 Dunescorted Errand Ride - Targe

Weatherpersons Day

9:00 •• Resistance Training B [A]

2:00 REALITY TV - 90 Day Fiancé (MAX) 2:30 A Guided Meditation [A]

Plum Pudding Day

9:00 •• Resistance Training B [A]

9:30 🖨 Scenic Ride - Hawaii Kai

10:00 → Seated Strength Circuit [A]

9:00 🍪 Wii Sports!

10:30 Malking Club

1:00 E CANVAS OF TIME

3:00 @ NICKEL BINGO [A]

3:00 @ NICKEL BINGO [A] 3:00 🙀 TV SERIES - Nancy Drew (Max) 1:30 DOCUMENTARY - Black Files Declassified (MAX) 1:30 P SIP & STITCH [A] 1:30 — Unescorted Errand Ride - Marukai 2:00 K-DRAMA - Extraordinary Attorney Woo Ep. 2

Chopsticks Day

7:00 & MEDICAL RUN - East Side

1:00 🎏 Trivia Crack & Games! [A]

9:00 Geated Strength B [A]

10:00 •• Seated Strength B [A]

9:00 @ Wii Sports!

11:00 🗝 Walking Club

(Netflix) [A] 2:00 REALITY TV - 90 Day Fiancé (MAX)

Giving Hearts Day

7:00 & MEDICAL RUN - East Side

10:00 B PERFORMANCE - Wally Brown! [A]

11:00 •• Walking Club
1:00 •• ARTS & CRAFTS - Valentine's Craft

2:00 REALITY TV - 90 Day Fiancé (MAX)

Love Your Pet Day

3:00 TV SERIES - Nancy Drew (Max)

7:00 9 MEDICAL RUN - East Side

9:00 ■ Seated Strength B [A]

10:00 Geated Strength B [A]

(Netflix) [A]

1:00 ■ SIP & STITCH [A]

9:00 @ Wii Sports!

11:00 🕶 Walking Club

9:00 Geated Strength B [A]

10:00 •• Seated Strength B [A]

1:30 P SIP & STITCH [A]

9:00 🛞 Wii Sports!

3:00 TV SERIES - Nancy Drew (Max)

1:00 M INDEPENDENT ACTIVITIES + RESIDENT CLUBS

1:30 P DOCUMENTARY - Black Files Declassified (MAX)

3:30 A CHIT CHATTERS HOUR + Letters to Our Valentines

1:00 K-DRAMA - Extraordinary Attorney Woo Ep. 6

1:30 DOCUMENTARY - Black Files Declassified (MAX)

1:30 Quescorted Errand Ride - Wholesale Unlimited

2:00 A BIRTHDAY BASH with Dean Hirata! [A]

2:00 REALITY TV - 90 Day Fiancé (MAX)

3:00 TV SERIES - Nancy Drew (Max)

3:30 & CHIT CHATTERS HOUR + Word Puzzles [A]

1:00 A INDEPENDENT ACTIVITIES + RESIDENT CLUBS

3:00 @ NICKEL BINGO [A] 3:00 TV SERIES - Nancy Drew (Max)

Wear RED Day

9:30 🖨 Friday Scenic Ride - Magic Island

1:00 A INDEPENDENT ACTIVITIES + RESIDENT CLUBS

1:30 DOCUMENTARY - Black Files Declassified (MAX)

2:30 R CHIT CHATTERS HOUR + Independent Projects

9:00 ← Seated Strength Circuit [A]

10:00 → Seated Strength Circuit [A]

10:45 🖨 Kau Kau Club! - Sadie's BBO

1:00 Strivia Crack & Games! [A]

1:30 PAPER FOLDS SOCIETY [A]

2:00 REALITY TV - 90 Day Fiancé (MAX)

10:30 Suided Meditation [A]

9:00 @ Wii Sports!

Happy Valentine's Day

9:00 •• Seated Strength Circuit [A]

9:00 🏵 Wii Sports! 9:30 📮 Friday Scenic Ride - Kamuki

10:00 •• Seated Strength Circuit [A] 10:30 A Guided Meditation [A]

10:45 📮 Kau Kau Club! - CPK 11:00 & INDEPENDENT ACTIVITIES + RESIDENT CLUBS 1:00 👺 Valentine's Day Movie - To All the Boys I've Loved Befor

[A]
1:30 DOCUMENTARY - Black Files Declassified (MAX)

1:30 PAPER FOLDS SOCIETY [A]

2:00 REALITY TV - 90 Day Fiancé (MAX)

2:15 A CHIT CHATTERS HOUR + Deliver Hearts to Residents 3.00 @ NICKEL BINGO [A]

3:00 TV SERIES - Nancy Drew (Max)

National Caregivers Day

9:00 •• Seated Strength Circuit [A]

9:30 🖨 Friday Scenic Ride - Kaneohe

2:00 REALITY TV - 90 Day Fiancé (MAX) 2:30 @ CHIT CHATTERS HOUR + Word Puzzles [A]

3:00 TV SERIES - Nancy Drew (Max)

3:30 @ GAME ON - Card/Board Games

Margarita Day

9:00 Seated Strength Circuit [A]

10:00 •• Seated Strength Circuit [A]

Do a Grouch a Favor Day 8:30 Church Services - Bus Drop-Offs

9:00 - Seated Strength Circuit [A] 9:00 @ Wii Sports! 10:00 9-9 Seated Strength Circuit [A]

11:00 🎥 INDEPENDENT ACTIVITIES + RESIDENT CLUBS 11:00 🖦 Walking Club

11:00 * Word of Life: Christian Online Service [T] 1:00 🁺 Trivia Crack & Games! [A]

1:30 🁺 LIVE Sunday Sports Watch! [T] 1:30 📮 Unescorted Errand Ride - Longs or Safeway

2:00 @ GAME ON - Card/Board Games 2:00 REALITY TV - 90 Day Fiancé (MAX) 2:30 📮 Unescorted Errand Ride - Longs or Safeway

3:00 A CHIT CHATTERS HOUR on the Patio 3:00 TV SERIES - Nancy Drew (Max)

Tortilla Chip Day Dog Biscuit Day 9:00 •• Resistance Training A [A]

8:30 📮 Church Services - Bus Drop-Offs 9:00 •• Seated Strength Circuit [A] 9:00 @ Wii Sports! 10:00 •• Seated Strength Circuit [A]

11:00 🎏 INDEPENDENT ACTIVITIES + RESIDENT CLUBS 11:00 ₩ Walking Club 1:00 * Word of Life: Christian Online Service [T]

1:00 Trivia Crack & Games! [A] 1:30 LIVE Sunday Sports Watch! [T]

1:30 📮 Unescorted Errand Ride - Longs or Safeway 2:00 @ GAME ON - Card/Board Games 2:00 REALITY TV - 90 Day Fiancé (MAX)

2:30 Quescorted Errand Ride - Longs or Safeway 3:00 A CHIT CHATTERS HOUR on the Patio

3:00 🏶 TV SERIES - Nancy Drew (Max)

Safer Internet Day 9:00 → Resistance Training A [A]

9:00 @ Wii Sports! 10:00 † COMMUNION [T]

10:00 •• Seated Strength Circuit [A] 10:30 🕶 Walking Club

11:00 🁺 INDEPENDENT ACTIVITIES + RESIDENT CLUBS 1:00 🁺 Trivia Crack & Games! [A] 1:30 / GUEST SPEAKER - CaptionCall

1:30 LUCKY TILE MONDAYS [A] 2:00 REALITY TV - 90 Day Fiancé (MAX)

2:30 CHIT CHATTERS HOUR + Word Puzzles [A] 3:00 @ NICKEL BINGO [A]

3:00 TV SERIES - Nancy Drew (Max)

Presidents Day 9:00 •• Resistance Training A [A]

9:00 🙈 Wii Sports! 10:00 ← Seated Strength Circuit [A] 10:30 6 Walking Club

11:00 & INDEPENDENT ACTIVITIES + RESIDENT CLUBS 1:00 🁺 Trivia Crack & Games! [A]

1:30 DOCUMENTARY - Black Files Declassified (MAX) 1:30 LUCKY TILE MONDAYS [A]

1:00 A INDEPENDENT ACTIVITIES + RESIDENT CLUBS

1:30 DOCUMENTARY - Black Files Declassified (MAX)

2:30 A CHIT CHATTERS HOUR + Word Puzzles [A]

2:00 REALITY TV - 90 Day Fiancé (MAX) 2:30 CHIT CHATTERS HOUR + Word Puzzles [A]

3:00 @ NICKEL BINGO [A]

9:00
Wii Sports!

10:30 6 Walking Club

10:00 † CATHOLIC MASS [T]

3:00 @ NICKEL BINGO [A]

10:00 General Strength Circuit [A]

1:00 🁺 Trivia Crack & Games! [A]

1:30 LUCKY TILE MONDAYS [A]

3:00 TV SERIES - Nancy Drew (Max)

2:00 REALITY TV - 90 Day Fiancé (MAX)

3:00 TV SERIES - Nancy Drew (Max)

Chocolate Covered Day

7:00 Y MEDICAL RUNS - West Bound & Central 9:00 ← Seated Strength A [A]

9:00 @ Wii Sports! 10:00 ■ Seated Strength A [A]

3:00 TV SERIES - Nancy Drew (Max)

11:00 SINDEPENDENT ACTIVITIES + RESIDENT CLUBS 1:00 •• Walking Club

1:00 及 Trivia Crack & Games! [A] 1:30 P CARD CREATIONS COLLECTIVE [A] 1:30 DOCUMENTARY - Black Files Declassified (MAX)

1:30 📮 Unescorted Errand Ride - HMart 2:00 K-DRAMA - Extraordinary Attorney Woo Ep. 7 (Netflix) [A]
2:00 REALITY TV - 90 Day Fiancé (MAX)

10:30 • Walking Club 11:00 🏶 INDEPENDENT ACTIVITIES + RESIDENT CLUBS 1:00 A Trivia Crack & Games! [A] 1:30 P CANVAS OF TIME 1:30 DOCUMENTARY - Black Files Declassified (MAX)

9:00 🏵 Wii Sports!

10:30 • Walking Club

9:00 Wii Sports!

1:30 DOCUMENTARY - Black Files Declassified (MAX) 1:30 Quescorted Errand Ride - Waimalu Shopping Center

11:00 🁺 INDEPENDENT ACTIVITIES + RESIDENT CLUBS

1:30 DOCUMENTARY - Black Files Declassified (MAX)

2:00 REALITY TV - 90 Day Fiancé (MAX) 2:30 & Guided Meditation [A] 3:00 @ NICKEL BINGO [A]

9:00 •• Resistance Training B [A]

9:30 🖨 Scenic Ride - Keehi Lagoon

10:00 General Strength Circuit [A]

1:00 Trivia Crack & Games! [A]

1:30 Quescorted Errand Ride - Daiso

3:00 TV SERIES - Nancy Drew (Max)

2:00 REALITY TV - 90 Day Fiancé (MAX)

1:30
CANVAS OF TIME

2:30 Suided Meditation [A]

3:00
NICKEL BINGO [A]

3:00 TV SERIES - Nancy Drew (Max) Set a Good Example Day

3:30 CHIT CHATTERS HOUR + Word Puzzles [A] Retro Dress-Un Day

9:00 •• Seated Strength B [A] 9:00 @ Wii Sports! 0:00 •• Seated Strength B [A]

7:00 Y MEDICAL RUN - East Side

1:00 👺 INDEPENDENT ACTIVITIES + RESIDENT CLUBS 1:00 • Walking Club 1:00 Trivia Crack & Games! [A] 1:30 DOCUMENTARY - Black Files Declassified (MAX)

1:30 P SIP & STITCH [A] 1:30 🖨 Unescorted Errand Ride - TJ Maxx 2:00 K-DRAMA - Extraordinary Attorney Woo Ep. 8 (Netflix) [A]

2:00 REALITY TV - 90 Day Fiancé (MAX) 3:00 TV SERIES - Nancy Drew (Max) 3:30 CHIT CHATTERS HOUR + Word Puzzles [A]

10:00 Geo Seated Strength Circuit [A] 10:30 Suided Meditation [A] 11:00 🁺 INDEPENDENT ACTIVITIES + RESIDENT CLUBS 10:45 💂 Kau Kau Club! - Genki Sushi Pearl Ridge

9:00 @ Wii Sports!

11:00 SINDEPENDENT ACTIVITIES + RESIDENT CLUBS 1:00 Trivia Crack & Games! [A] 1:30 DOCUMENTARY - Black Files Declassified (MAX)

1:30 PAPER FOLDS SOCIETY [A] 2:00 REALITY TV - 90 Day Fiancé (MAX) 2:30 A CHIT CHATTERS HOUR + Independent Projects

3:00 @ NICKEL BINGO [A] 3:00 TV SERIES - Nancy Drew (Max)

Floral Design Day

9:00 • Seated Strength Circuit [A]

9:30 🖨 Friday Scenic Ride - Kaneohe Cemetery

9:00 @ Wii Sports!

10:45 🖨 Kau Kau Club! - Kam Drive Inn

1:30 PAPER FOLDS SOCIETY [A]

3:00 @ NICKEL BINGO [A]

11:00 🁺 INDEPENDENT ACTIVITIES + RESIDENT **CLUBS** 1:00 •• Walking Club

1:00 🁺 Trivia Crack & Games! [A] 1:30 DOCUMENTARY - Expedition Files Ep.4

2:00 REALITY TV - 90 Day Fiancé (MAX) 2:30 @ CHIT CHATTERS HOUR + Word Puzzles [A] 3:00 TV SERIES - Nancy Drew (Max)

3:30 @ GAME ON - Card/Board Games

0:00 •• Seated Strength Circuit [A]

10:30 B Guided Meditation [A] 1:00 A INDEPENDENT ACTIVITIES + RESIDENT CLUBS

1:00 Trivia Crack & Games! [A] 1:30 DOCUMENTARY - Black Files Declassified (MAX)

2:00 REALITY TV - 90 Day Fiancé (MAX) 2:30 A CHIT CHATTERS HOUR + Independent Projects [A]

3:00 TV SERIES - Nancy Drew (Max)