


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<b>World Aids Day 1</b> 9:45 ❤️ Exercise - Morning Stretches — 📺 Live Stream: New Hope Video Service 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>Walt Disney Day 2</b> 9:45 ❤️ Exercise - Morning Stretches 10:15 🐾 <b>Pet Visits</b> 10:30 🕒 Living Room 'Talk Story' 11:00 📖 Buddhist Services 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>Make A Gift Day 3</b> 9:45 ❤️ Exercise - Morning Stretches 10:15 🎵 <b>Silent Disco: Hawaii Dance Bomb</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>Santa's List Day 4</b> 9:45 ❤️ Exercise - Morning Stretches 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>National Communicate With Your Kid's Day 5</b> 9:30 📖 Prayer Group - Kailua Christian Church 9:45 ❤️ Exercise - Morning Stretches 10:15 🎵 <b>Music &amp; Movement</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>National Microwave Day 6</b> 9:45 ❤️ Exercise - Morning Stretches 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>National Pearl Harbor Remembrance Day 7</b> 9:45 ❤️ Exercise - Morning Stretches 10:00 🕒 <b>Victory Hawaii Church Bingo</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching 4:30 📖 Catholic Mass	
<b>World Coral Day 8</b> 9:45 ❤️ Exercise - Morning Stretches — 📺 Live Stream: New Hope Video Service 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>National Pastry Day 9</b> 9:45 ❤️ Exercise - Morning Stretches 10:15 🐾 <b>Pet Visits</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>National Lager Day 10</b> 9:45 ❤️ Exercise - Morning Stretches 10:15 🎵 <b>Musical Performance: Jon Koki</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Christmas Candy Cane Craft 4:00 ❤️ Hydration Break & Stretching	<b>Unicef Day for Change 11</b> 9:45 ❤️ Exercise - Morning Stretches 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎵 Patio Music 4:00 ❤️ Hydration Break & Stretching	<b>Gingerbread House Day 12</b> 9:30 📖 Prayer Group - Kailua Christian Church 9:45 ❤️ Exercise - Morning Stretches 10:15 🎵 Music and Movement with Joslyn 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 2:45 🎵 <b>He'eia School Christmas Performance</b> 4:00 ❤️ Hydration Break & Stretching	<b>St. Lucia Day 13</b> 9:45 ❤️ Exercise - Morning Stretches 10:00 🎵 <b>Musical Performance Hank the Singing Dutchman</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>Gingerbread Decorating Day 14</b> 9:45 ❤️ Exercise - Morning Stretches 10:15 🐾 <b>LDS Visit &amp; Activities</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:00 🎵 <b>Friends of Vai</b> 2:30 🎮 Craft, Movie, Games 4:00 🎵 <b>Central Union Preschool Christmas Performance</b> 4:00 ❤️ Hydration Break & Stretching	
<b>National Lemon Cupcake Day 15</b> 9:45 ❤️ Exercise - Morning Stretches — 📺 Live Stream: New Hope Video Service 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Christmas Games 3:30 🎵 <b>Harpist Dustin Ebesu</b> 4:00 ❤️ Hydration Break & Stretching	<b>National Chocolate Covered ANYTHING Day 16</b> 9:45 ❤️ Exercise - Morning Stretches 10:15 🐾 <b>Pet Visits</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 📺 <b>Movie: The Borrowed Christmas (PT)</b> 4:00 ❤️ Hydration Break & Stretching	<b>Wright Brothers Day 17</b> 9:45 ❤️ Exercise - Morning Stretches 10:00 🎵 <b>Musical Performance: Sanford Lee</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Fly Swatter Tennis 4:00 ❤️ Hydration Break & Stretching	<b>Bake Cookie Day 18</b> 9:00 📺 <b>Windward Nazarene School</b> 9:45 ❤️ Exercise - Morning Stretches 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Gazebo Music and Sing-a-long 4:00 ❤️ Hydration Break & Stretching	<b>National Oatmeal Muffin Day 19</b> 9:30 📖 Prayer Group - Kailua Christian Church 9:45 ❤️ Exercise - Morning Stretches 10:00 🎵 <b>He'eia School Student Visits</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching 6:30 📖 <b>Wellspring Covenant Church Performance</b>	<b>DRESS UP DAY National Christmas Ugly Sweater Day 20</b> 9:45 ❤️ Exercise - Morning Stretches 10:00 🎵 <b>Na Kupuna O Ko'olau Hula Performance</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 📺 <b>Movie: Let There Be Light (PT)</b> 4:00 ❤️ Hydration Break & Stretching	<b>DRESS UP DAY Christmas PJ's 21</b> 9:45 ❤️ Exercise - Morning Stretches 10:00 🕒 <b>Victory Hawaii Church Bingo</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	
<b>DRESS UP DAY Tinsel Shine Bright 22</b> 9:45 ❤️ Exercise - Morning Stretches — 📺 Live Stream: New Hope Video Service 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft - Christmas Tree Hands 4:00 ❤️ Hydration Break & Stretching 6:30 🎵 <b>Oahu College Jazz Band</b>	<b>DRESS UP DAY Green &amp; Red Day 23</b> 9:45 ❤️ Exercise - Morning Stretches 10:15 🐾 <b>Pet Visits</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching 6:30 🎵 <b>Ahuna Ohana Performance</b>	<b>CHRISTMAS EVE DRESS UP DAY Holiday Headwear National Day 24</b> 9:45 ❤️ Exercise - Morning Stretches 10:15 🎵 <b>Musical Performance: Roy Hamada</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>MERRY CHRISTMAS DRESS UP DAY Aloha Christmas National Day 25</b> 9:45 ❤️ Exercise - Morning Stretches 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>National Candy Cane Day 26</b> 9:30 📖 Prayer Group - Kailua Christian Church 9:45 ❤️ Exercise - Morning Stretches 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>National Fruitcake Day 27</b> 9:45 ❤️ Exercise - Morning Stretches 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching 10:15 🎵 <b>Musical Performance: Dean Hirata</b>	<b>Holy Innocents Day 28</b> 9:45 ❤️ Exercise - Morning Stretches 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 2:45 🎵 <b>Musical Performance: Dean Hirata</b> 4:00 ❤️ Hydration Break & Stretching	
<b>Tick Tock Day 29</b> 9:45 ❤️ Exercise - Morning Stretches — 📺 Live Stream: New Hope Video Service 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching	<b>National Bacon Day 30</b> 9:45 ❤️ Exercise - Morning Stretches 10:15 🐾 <b>Pet Visits</b> 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 BeachVolleyball 4:00 ❤️ Hydration Break & Stretching	<b>NEW YEAR'S EVE National Day 31</b> 9:45 ❤️ Exercise - Morning Stretches 10:30 🕒 Living Room 'Talk Story' 11:15 🍷 Hydration Break 2:00 🚶 Afternoon Strolls and Waterfall Time 2:30 🎮 Craft, Movie, Games 4:00 ❤️ Hydration Break & Stretching				<ul style="list-style-type: none"> <li>🎨 Creative</li> <li>🕒 Intellectual</li> <li>🍷 Meals</li> <li>📺 Movies</li> <li>🎵 Music</li> <li>❤️ Physical</li> <li>📖 Social</li> <li>🎪 Special Events</li> <li>📖 Spiritual</li> </ul>	<p><i>Activities are subject to change.</i></p>