

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Activities  
Are  
Subject  
To  
Change

### February Theme: The Legend of Maui

- Creative
- Excursions
- Individual activity
- Intellectual
- Meals
- Movies
- Music
- National Day Event
- Outside
- Physical
- Social
- Special Events
- Spiritual
- Water & Bathroom Break

**National Play Outside Day** 1

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 🎨 Group Activity: Painting, Brain Games  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station Word Games  
 3:30 🌞 Afternoon Strolls  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**Groundhog Day** 2

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 📺 Live Stream: New Hope Video Service (Media Room)  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎵 Music Therapy  
 1:30 🏃 Exercise  
 1:45 🎨 Butterfly Station - Outdoor Activities  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Missing Person Day** 3

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 🎨 Crafts or Ukulele  
 10:00 Hydration Break  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🧘 Chair Yoga Exercise  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station - Legend of Maui Video; Kite Communication: Prep Petroglyphs  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Thank A Mail Carrier Day** 4

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 🎵 **Silent Disco: Hawaii Dance Bomb**  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎨 Bollywood Exercise Dance  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station - Leg : Kite Features; The Sun; Haleakala; Hawaiian Colors  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Weatherperson's Day** 5

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 🎨 Balloon Volleyball  
 10:00 Hydration Break  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎨 Bingo  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station: Complete/Assemble Kite  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Chopsticks Day** 6

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 🎨 **Music & Movement**  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station - Chopsticks Art  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Wear Red Day** 7

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 🎨 Group Activity : Everything Red  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station -  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Kite Flying Day** 8

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 🎨 Group Activity: Painting, Brain Games  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station -  
 3:30 🌞 Afternoon Strolls  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**Superbowl Sunday** 9

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 📺 Live Stream: New Hope Video Service (Media Room)  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎵 Music Therapy  
 1:30 🏃 Exercise  
 1:45 🎨 Butterfly Station -  
 1:45 🎬 Musical Movie  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Safer Internet Day** 10

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 🎨 Crafts/ Ukulele  
 10:00 Hydration Break  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🧘 Chair Yoga Exercise  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station - Puzzles/Tangrams  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Make A Friend Day** 11

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 🎵 **Kupuna Ministries w/ Jon Koki**  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎨 Bollywood Exercise Dance  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station - Hearts Craft  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Plum Pudding Day** 12

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 🎨 Balloon Volleyball  
 10:00 Hydration Break  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎨 Bingo  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station- Weave Sails for Canoe  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Giving Hearts Day** 13

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 9:45 🎨 **He'ia School Read-a-loud**  
 10:00 Hydration Break  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station - Outside Fun  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**Valentine's Day** 14

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station - Valentine Card Making  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Gumdrop Day** 15

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 🎨 Group Activity: Painting, Brain Games  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station -  
 1:45 🎨 Fabulous Nails & Social Circle  
 3:30 🌞 Afternoon Strolls  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Do A Grouch A Favor Day** 16

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 📺 Live Stream: New Hope Video Service (Media Room)  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎵 Music Therapy  
 1:30 🏃 Exercise  
 1:45 🎨 Butterfly Station -  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**Presidents' Day** 17

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 🎨 Crafts/ Ukulele  
 10:00 Hydration Break  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🧘 Chair Yoga Exercise  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station - Hawaiian Skies; Maui's Hook; Mano'ikalanipoo  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Drink Wine Day** 18

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 🗨 Discussion: Compass/ Sailing by Stars  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎨 Bollywood Exercise Dance  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station - Loko i'a (Lawai'a & Mah'ia)  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Chocolate Mint Day** 19

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 🎨 Balloon Volleyball  
 10:00 Hydration Break  
 10:30 🎵 **Musical Performance: Sanford Lee**  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎨 Bingo  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station: Fish I.D.  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Love Your Pet Day** 20

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 🎨 Group Activity: Puzzles, Word Search  
 10:00 Hydration Break  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station - The Different Ways We Love our Pets  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Caregivers Day** 21

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:00 🎵 **Musical Performance Hank the Singing Dutchman**  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station - Collage Art  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Margarita Day** 22

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 🎨 Group Activity: Painting, Brain Games  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station -Carnival Games  
 3:30 🌞 Afternoon Strolls  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Dog Biscuit Day** 23

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 📺 Live Stream: New Hope Video Service (Media Room)  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎵 Music Therapy  
 1:30 🏃 Exercise  
 1:45 🎨 Butterfly Station -  
 1:45 🎬 Musical Movie  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Tortilla Chip Day** 24

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 🎨 Crafts  
 10:00 Hydration Break  
 10:00 🎵 **Mellow Friends Karaoke**  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🧘 Chair Yoga Exercise  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station - Table Top Makahiki Games  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Chocolate Covered Day** 25

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 10:30 🎵 **Musical Performance: Roy Hamada**  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎨 Bollywood Exercise Dance  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station - Makahiki Games  
 4:00 Water & Bathroom Break  
 4:30 Dinner

**National Set A Good Example Day** 26

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 🎨 Balloon Volleyball  
 10:00 Hydration Break  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:00 🎨 Bingo  
 1:00 ❤️ Outdoor Gazebo Activities  
 1:45 🎨 Butterfly Station - Maui Legend Wrap Up  
 4:00 Water & Bathroom Break  
 4:30 Dinner  
 6:30 🎵 **Anchor's Church Kanakapila**

**National Retro Day** 27

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 🎨 Group Activity: Puzzles, Word Search  
 10:00 Hydration Break  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station -  
 4:00 Water & Bathroom Break  
 4:30 Dinner  
 6:30 🎨 Alzheimer Caregiver Support Group

**National Floral Design Day** 28

9:00 ❤️ Good Morning Daily Events  
 9:30 ❤️ Plaza Seated Strength Training  
 10:00 Hydration Break  
 - 🎵 **Musical Performance: Dean Hirata**  
 11:15 Prepare for Lunch  
 11:30 Lunch  
 1:45 🎨 Butterfly Station -  
 2:00 New Event Name  
 4:00 Water & Bathroom Break  
 4:30 Dinner