

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Activities are subject to change</p>		<p>HAPPY NEW YEAR</p> <h1 style="color: red;">2025</h1>		<p><b>HAPPY NEW YEAR!</b></p> <ul style="list-style-type: none"> <li>9:00 Morning Exercise / Talk Story</li> <li>9:30 Morning Guided Walks</li> <li>10:00 Balloon Volleyball</li> <li>10:00 BR Hydration Break</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Bingo</li> <li>1:45 Butterfly Station</li> <li>1:45 Scenic Ride</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> <li>6:00 New Years Catholic Mass</li> </ul>	<p><b>National Cream Puff Day</b></p> <ul style="list-style-type: none"> <li>9:00 Morning Exercise / Talk Story</li> <li>9:30 Morning Guided Walks</li> <li>10:00 Group Activity: Puzzles, Word Search</li> <li>10:30 BR Hydration Break</li> <li>10:30 Music &amp; Movement</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Plaza Exercise</li> <li>1:45 Butterfly Station -</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Drinking Straw Day</b></p> <ul style="list-style-type: none"> <li>9:00 Morning Exercise / Talk Story</li> <li>9:30 Morning Guided Walks</li> <li>10:00 BR Hydration Break</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Plaza Exercise</li> <li>1:45 Butterfly Station -</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Trivia Day</b></p> <ul style="list-style-type: none"> <li>9:00 Morning Exercise / Talk Story</li> <li>9:30 Morning Guided Walks</li> <li>10:00 BR Hydration Break</li> <li>10:30 Group Activity: Painting, Brain Games</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Plaza Exercise</li> <li>1:45 Butterfly Station -</li> <li>1:45 Fabulous Nails &amp; Social Circle</li> <li>3:30 Afternoon Strolls</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>
<p><b>National Bird Day</b></p> <ul style="list-style-type: none"> <li>9:00 Morning Exercise / Talk Story</li> <li>9:30 Morning Guided Walks</li> <li>10:00 BR Hydration Break</li> <li>10:30 Live Stream: New Hope Video Service (Media Room)</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Music Therapy</li> <li>1:30 Exercise</li> <li>1:45 Butterfly Station -</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Technology Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Crafts : Family Tree</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Outdoor Gazebo Activities</li> <li>1:45 Butterfly Station - Plaza Pillars</li> <li>1:45 Scenic Ride</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Bobblehead Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Silent Disco: Hawaii Dance Bomb</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Outdoor Gazebo Activities</li> <li>1:45 Butterfly Station - Bobble Head Craft</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Bubble Bath Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Games: Splish...splash..blow up games</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Outdoor Gazebo Activities</li> <li>1:45 Butterfly Station : Karaoke Blast From The Past</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Law Enforcement Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Musical Performance - Legacy</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:45 Butterfly Station - Word Games and Puzzles</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Houseplant Appreciation Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Craft: Leaf Painting</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:45 Butterfly Station -</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Arkansas Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Group Activity: Painting, Brain Games</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:45 Butterfly Station -</li> <li>3:30 Afternoon Strolls</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	
<p><b>National Marzipan Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Live Stream: New Hope Video Service (Media Room)</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Music Therapy</li> <li>1:30 Exercise</li> <li>1:45 Butterfly Station -</li> <li>1:45 Musical Movie</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Sticker Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 Crafts- Sticker Picture Creation</li> <li>10:00 BR Hydration Break</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Chair Yoga Exercise</li> <li>1:00 Outdoor Gazebo Activities</li> <li>1:45 Butterfly Station -</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Dress Up Your Pet Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Kupuna Ministries w/ Jon Koki</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Bollywood Exercise Dance</li> <li>1:00 Outdoor Gazebo Activities</li> <li>1:45 Butterfly Station - Paper Doll Pet Dress</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Strawberry Ice Cream Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 Balloon Volleyball</li> <li>10:00 BR Hydration Break</li> <li>10:30 Musical Performance: Sanford Lee</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Outdoor Gazebo Activities</li> <li>1:45 Butterfly Station- History: Coup d'etat Hawaii Overthrow</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Religious Freedom Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 Group Activity: Puzzles, Word Search</li> <li>10:00 BR Hydration Break</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:45 Butterfly Station - Bingo</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Popeye The Sailor Man Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:00 Table Top Games</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:45 Butterfly Station -</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Winnie The Pooh Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Group Activity: Painting, Brain Games</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:45 Butterfly Station - Sensory Bin</li> <li>3:30 Afternoon Strolls</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	
<p><b>National Popcorn Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Live Stream: New Hope Video Service (Media Room)</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Music Therapy</li> <li>1:30 Exercise</li> <li>1:45 Butterfly Station -</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>Martin Luther King, Jr. Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:00 Songs Of Hawaii</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Chinese Lion Dance Celebration</li> <li>1:45 Butterfly Station - Karaoke Singing</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Hugging Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 Building Collage</li> <li>10:00 BR Hydration Break</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Bollywood Exercise Dance</li> <li>1:00 Outdoor Gazebo Activities</li> <li>1:45 Butterfly Station - Watercolor Paints</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>Celebration of Life Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 Balloon Volleyball</li> <li>10:00 BR Hydration Break</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Bingo</li> <li>1:00 Outdoor Gazebo Activities</li> <li>1:45 Butterfly Station - Celebrating our Residents Past and Present</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> <li>6:30 Anchor's Church Kanakapila</li> </ul>	<p><b>National Pie Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 Group Activity: Puzzles, Word Search</li> <li>10:00 BR Hydration Break</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:45 Butterfly Station - Table Top Games</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> <li>6:30 Alzheimer Caregiver Support Group</li> </ul>	<p><b>National Big Wig Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Game Room Activities</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:45 Butterfly Station - Weekend Collage</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Irish Coffee Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Group Activity: Painting, Brain Games</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:45 Butterfly Station -</li> <li>2:30 Musical Performance: Dean Hirata</li> <li>3:30 Afternoon Strolls</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	
<p><b>National Peanut Brittle Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Live Stream: New Hope Video Service (Media Room)</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Music Therapy</li> <li>1:30 Exercise</li> <li>1:45 Butterfly Station -</li> <li>1:45 Musical Movie</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>Viet Nam Peace Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:00 Mellow Friends Karaoke</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Outdoor Gazebo Activities</li> <li>1:45 Butterfly Station - Tribute to Vietnam culture</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Kazoo Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>10:30 Musical Performance: Roy Hamada</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Bollywood Exercise Dance</li> <li>1:00 Outdoor Gazebo Activities</li> <li>1:45 Butterfly Station - Kazoo Musical</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Puzzle Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 Balloon Volleyball</li> <li>10:00 BR Hydration Break</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:00 Bingo</li> <li>1:00 Outdoor Gazebo Activities</li> <li>1:45 Butterfly Station - Puzzle Picture Craft</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>National Croissant Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 Group Activity: Puzzles, Word Search</li> <li>10:00 BR Hydration Break</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:45 Butterfly Station -</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<p><b>Inspire Your Heart With Art Day</b></p> <ul style="list-style-type: none"> <li>9:00 Good Morning Daily Events</li> <li>9:30 Plaza Seated Strength Training</li> <li>10:00 BR Hydration Break</li> <li>11:15 BR Prepare for Lunch</li> <li>11:30 Lunch</li> <li>1:45 Butterfly Station -</li> <li>4:00 BR Water &amp; Bathroom Break</li> <li>4:30 Dinner</li> </ul>	<ul style="list-style-type: none"> <li>Creative</li> <li>Excursions</li> <li>Individual activity</li> <li>Intellectual</li> <li>Meals</li> <li>Movies</li> <li>Music</li> <li>National Day Event</li> <li>Outside</li> <li>Physical</li> <li>Social</li> <li>Special Events</li> <li>Spiritual</li> <li>Water &amp; Bathroom Break</li> </ul>	