


# March 2025

## The Plaza at Punchbowl Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>March cont'd</b> <b>30</b> <b>National Doctors Day</b> 9:00 ♥ Morning Stretches & Mindfulness [R] 10:00 ♥ Morning Stretches & Mindfulness [R] 10:00 🚌 Scenic Bus Ride: Mililani 1:30 ♣ Poker Club with Lonnie [R] 1:45 🚌 Shopping Trip: Manoa Longs 3:00 🎂 Resident Birthday Bash with Dean [R] 3:30 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Tater Day</b> <b>31</b> 9:00 ♥ Morning Stretches [R] 10:00 ↔ Morning Stretches [R] 1:30 🎸 Ukulele Mele Social Club [LR] 1:45 🚌 Scenic Bus Ride: Nu'uuanu Valley 2:45 ♣ BINGO Club [R] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	 <b>Location Keys</b> Library Living Room Lobby Multi-Purpose Room Recreation Room LB LR L M R	 <b>All activities are subject to change.</b>	<b>National Peanut butter lover's Day</b> <b>1</b> 9:00 ♥ Saturday Seated Yoga [R] 10:00 ♥ Saturday Seated Yoga [R] 1:30 🍞 Baking Croissant; Cheese, Chocolate, Ham [R] 2:30 ♣ LCR with Diane : Left Center Right Dice Game [LB] 3:00 ♣ Poker Club with Lonnie [R] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]		
<b>National Banana Cream Pie Day</b> <b>2</b> 9:00 ♥ Morning Stretches & Mindfulness [R] 10:00 ♥ Morning Stretches & Mindfulness [R] 10:00 🚌 Scenic Bus Ride: Bishop Museum 1:30 ♥ Afternoon walking Courtyard 1:45 🚌 Shopping Trip: Manoa Longs 3:00 ♣ Poker Club with Lonnie [R] 3:30 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>Girls Day</b> <b>3</b> 9:00 ♥ Morning Stretches [R] 10:00 ↔ Morning Stretches [R] 1:30 🎸 Ukulele Mele Social Club [LR] 1:45 🚌 Scenic Bus Ride: Diamond Head 2:45 ♣ Girls Day Special BINGO Event [R] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>Paczki Day</b> <b>4</b> 9:00 🌟 Plaza Life Exercise Circuit A [M] 10:00 🌟 Plaza Life Exercise Circuit A [R] 11:00 ↔ Morning Stretches [R] 1:30 🍿 Popcorn Tuesday [R] 1:45 🎬 Tuesday Movie: Brady 2023 Drama/Comedy - Rita Moreno, Jane Fonda [R] 3:00 ♣ Hanafuda Club with Alice [LB] 4:00 ♣ Play Go [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Multiple personality Day</b> <b>5</b> 8:30 🛒 Shopping Trip: Walmart (Ke'eaumoku) [L] 9:00 🌟 Plaza Life Exercise Circuit B [M] 10:00 🌟 Plaza Life Exercise Circuit B [M] 10:00 🛒 Shopping Trip: Walmart (Ke'eaumoku) 1:30 🎵 Hymn Sing Along with Ruth [R] 2:45 ♣ BINGO Club [R] 4:00 ♣ Play Go [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Dress Day</b> <b>6</b> 9:00 🌟 Plaza life Seated Strength Exercise A [M] 10:00 🌟 Plaza life Seated Strength Exercise A [R] 11:00 ↔ Morning Stretches [R] 1:15 ♥ Tai Chi with Ken [R] 1:45 🚌 Scenic Bus Ride: Manoa 2:30 ♣ Mahjong Club with Mae [LB] 3:00 ♣ Poker Club with Lonnie [M] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Flapjack Day</b> <b>7</b> 9:00 🌟 Plaza life Seated Strength Exercise B [M] 10:00 🌟 Special Event Sing Along with Matt Barber from California [R] 1:30 🎵 Church Service with Pastor Carl & Pastor Steve [R] 2:30 ↔ Morning Stretches [R] 3:00 🌟 Plaza Life Seated Strength Exercise B [M] 4:00 🌟 Plaza Life Seated Strength Exercise B [M] 5:00 ♣ Puzzle Table [LB] 7:00 🎬 Friday Movie Night : South Pacific 1985 Mitsy Gaynor, Rossini Brazzi [R]	<b>National Peanut cluster Day</b> <b>8</b> 9:00 ♥ Saturday Seated Yoga [R] 10:00 ♥ Zumba Dance with Annette [R] 1:30 🎵 Seated Hula Dance/ Sing Along with Raelyn & Ryan [R] 2:30 ♣ LCR with Diane : Left Center Right Dice Game [LB] 3:00 ♣ Poker Club with Lonnie [R] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]
<b>National Meatball Day</b> <b>9</b> 9:00 ♥ Morning Stretches & Mindfulness [R] 10:00 ♥ Morning Stretches & Mindfulness [R] 10:00 🚌 Scenic Bus Ride: Maunaloa Bay 1:30 ♣ Poker Club with Lonnie [R] 1:45 🚌 Shopping Trip: Pali Longs 3:00 🎵 Sing Along with Dean Hirata [R] 3:30 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Blueberry Popover Day</b> <b>10</b> 9:00 ♥ Morning Stretches [R] 10:00 ↔ Morning Stretches [R] 1:30 🎸 Ukulele Mele Social Club [LR] 1:45 🚌 Scenic Bus Ride: Waikiki 2:45 ♣ BINGO Club [R] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Oatmeal Nut Waffles Day</b> <b>11</b> 9:00 🌟 Plaza Life Exercise Circuit A [M] 10:00 🎵 Sing Along & Ukulele with Jolene [R] 11:10 🌟 Plaza Life Exercise Circuit A [M] 1:30 🍿 Popcorn Tuesday [R] 2:00 🗳 Residents Council [R] 3:00 ♣ Hanafuda Club with Alice [LB] 4:00 ♥ Afternoon Stretches [R] 5:00 ♣ Puzzle Table [LB]	<b>National Working Moms Day</b> <b>12</b> 8:30 🛒 Shopping Trip: Don Quijote (Kaheka St) [L] 9:00 🌟 Plaza Life Exercise Circuit B [M] 10:00 🌟 Plaza Life Exercise Circuit B [M] 11:30 🎵 KauKau Club: Golden Duck 1:30 🎵 Hymn Sing Along with Ruth [R] 2:45 ♣ BINGO Club [R] 4:00 ♣ Play Go [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Coconut Torte Day</b> <b>13</b> 9:00 🌟 Plaza life Seated Strength Exercise A [M] 10:00 🌟 Plaza life Seated Strength Exercise A [R] 1:15 ♥ Tai Chi with Ken [R] 1:45 🛒 Holo Holo Club: Liliha Bakery 2:30 ♣ Mahjong Club with Mae [LB] 3:00 ♣ Poker Club with Lonnie [M] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Write down your story Day</b> <b>14</b> 9:00 🌟 Plaza Life Seated Strength Exercise B [M] 10:00 🌟 Plaza Life Seated Strength Exercise B [M] 1:30 🎵 Ukulele Session with Jolene Kim [R] 2:30 📖 Book & Tea Club [LB] 2:30 ↔ Morning Stretches [R] 5:00 ♣ Puzzle Table [LB] 7:00 🎬 Friday Movie Night : Chariots of Fire 1981 Sports/Drama - Ben Cross, Ian Charleson [R]	<b>National Quilting Day</b> <b>15</b> 9:00 ♥ Saturday Seated Yoga [R] 10:00 ♥ Zumba Dance with Annette [R] 1:30 🎵 Seated Hula Dance/ Sing Along with Raelyn & Ryan [R] 2:30 ♣ LCR with Diane : Left Center Right Dice Game [LB] 3:00 ♣ Poker Club with Lonnie [R] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]
<b>National Panda Day</b> <b>16</b> 9:00 ♥ Morning Stretches & Mindfulness [R] 10:00 ♥ Morning Stretches & Mindfulness [R] 10:00 🚌 Scenic Bus Ride: Wahiawa 1:30 🍵 Tea / Coffee Time & Aroma Therapy [R] 1:45 🚌 Shopping Trip: Manoa Longs 3:00 ♣ Poker Club with Lonnie [R] 3:30 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>ST. Patrick's Day</b> <b>17</b> 9:00 ♥ Morning Stretches [R] 10:00 ↔ Morning Stretches [R] 1:30 🎸 Ukulele Mele Social Club [LR] 1:45 🚌 Scenic Bus Ride: Ala Moana Beach 2:45 ♣ St. Patrick's Day Special BINGO Event [R] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Sloppy Joe Day</b> <b>18</b> 9:00 🌟 Plaza Life Exercise Circuit A [M] 10:00 🌟 Plaza Life Exercise Circuit A [R] 11:00 ↔ Morning Stretches [R] 1:30 🍿 Popcorn Tuesday [R] 1:45 🎬 Tuesday Movie: The Quiet Man 1952 Irish/Romance - John Wayne, Maureen O' Hara [R] 3:00 ♣ Hanafuda Club with Alice [LB] 4:00 ♣ Play Go [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Chocolate Caramel Day</b> <b>19</b> 8:30 🛒 Shopping Trip: Walmart (Ke'eaumoku) 9:00 🌟 Plaza Life Exercise Circuit B [M] 10:00 🌟 Plaza Life Exercise Circuit B [M] 10:00 🛒 Shopping Trip: Walmart (Ke'eaumoku) 11:00 ↔ Morning Stretches [R] 1:30 🎵 Hymn Sing Along with Ruth [R] 2:45 ♣ BINGO Club [R] 4:00 ♣ Play Go [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Ravioli Day</b> <b>20</b> 9:00 🌟 Plaza Life Seated Strength Exercise A [M] 10:00 🌟 Plaza Life Seated Strength Exercise A [R] 11:00 ↔ Morning Stretches [R] 1:15 ♥ Tai Chi with Ken [R] 1:45 🚌 Scenic Bus Ride: Kaka'ako Waterfront Park 2:30 ♣ Mahjong Club with Mae [LB] 3:00 ♣ Poker Club with Lonnie [M] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Memory Day</b> <b>21</b> 9:00 🌟 Plaza Life Seated Strength Exercise B [M] 10:00 🌟 Plaza Life Seated Strength Exercise B [M] 11:00 ↔ Morning Stretches [R] 1:30 ♣ Hanafuda Club with Alice [LR] 2:30 📖 Book & Tea Club [LB] 5:00 ♣ Puzzle Table [LB] 7:00 🎬 Friday Movie Night : Hidalgo 2004 Adventure/Western - Virgo Mortenson, Omar Sharif [R]	<b>National Bavarian Crepes Day</b> <b>22</b> 9:00 ♥ Saturday Seated Yoga [R] 10:00 ♥ Saturday Seated Yoga [R] 1:30 🎵 Sing Along with Dean Hirata [R] 2:30 ♣ LCR with Diane : Left Center Right Dice Game [LB] 3:00 ♣ Poker Club with Lonnie [R] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]
<b>National Chia Day</b> <b>23</b> 9:00 ♥ Morning Stretches & Mindfulness [R] 10:00 ♥ Morning Stretches & Mindfulness [R] 10:00 🚌 Scenic Bus Ride: Kahala Mall 1:30 🧶 Craft : Making Bracelet [R] 1:45 🚌 Shopping Trip: Pali Longs 3:00 ♣ Poker Club with Lonnie [R] 3:30 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Cheesesteak Day</b> <b>24</b> 10:00 🎵 Hank The Singing Dutchman [R] 10:00 ↔ Morning Stretches [R] 1:30 🎸 Ukulele Mele Social Club [LR] 1:45 🚌 Scenic Bus Ride: Magic Island 2:45 ♣ BINGO Club [R] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Medal of Honor Day</b> <b>25</b> 9:00 🌟 Plaza Life Exercise Circuit A [M] 10:00 🎵 Sing Along & Ukulele with Jolene [R] 1:30 🍿 Popcorn Tuesday [R] 1:45 🎬 Tuesday Movie: 3:10 to Yuma Western/Action - Russell Crowe, Christian Bale [R] 2:30 🌟 Plaza Life Exercise Circuit A [M] 3:00 ♣ Hanafuda Club with Alice [LB] 4:00 ↔ Afternoon Stretches [R] 5:00 ♣ Puzzle Table [LB]	<b>National Spinach Day</b> <b>26</b> 8:30 🛒 Shopping Trip: Don Quijote (Kaheka St) [L] 9:00 🌟 Plaza Life Exercise Circuit B [M] 10:00 🌟 Plaza Life Exercise Circuit B [M] 10:00 🛒 Shopping Trip: Don Quijote (Kaheka St) 11:00 ↔ Morning Stretches [R] 1:30 🎵 Hymn Sing Along with Ruth [R] 2:45 ♣ BINGO Club [R] 4:00 ♣ Play Go [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Scribble Day</b> <b>27</b> 9:00 🌟 Plaza Life Seated Strength Exercise A [M] 10:00 🌟 Plaza Life Seated Strength Exercise A [R] 11:00 ↔ Morning Stretches [R] 1:15 ♥ Tai Chi with Ken [R] 1:45 🚌 Scenic Bus Ride: Bank Run 2:30 ♣ Mahjong Club with Mae [LB] 3:00 ♣ Poker Club with Lonnie [M] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]	<b>National Black forest cake Day</b> <b>28</b> 9:00 🌟 Plaza Life Seated Strength Exercise B [M] 10:00 🌟 Plaza Life Seated Strength Exercise B [M] 11:00 ↔ Morning Stretches [R] 1:30 🎵 Ukulele Session with Jolene Kim [R] 2:30 📖 Book & Tea Club [LB] 5:00 ♣ Puzzle Table [LB] 7:00 🎬 Friday Movie Night : Guess Who is Coming to Dinner 1967 Comedy/Drama - Sidney Pointer, Spencer Tracy [R]	<b>National Pita Day</b> <b>29</b> 9:00 ♥ Saturday Seated Yoga [R] 10:00 🎵 Saturday Seated Yoga [R] 1:30 🎨 Art : Bob & Hank, Fun with Painting [R] 2:30 ♣ LCR with Diane : Left Center Right Dice Game [LB] 3:00 ♣ Poker Club with Lonnie [M] 4:00 ♣ Hanafuda Club with Alice [LB] 5:00 ♣ Puzzle Table [LB]

Continued at top